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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule in the morning and one (1) capsule in the evening, preferably on an empty stomach, or as recommended by a healthcare practitioner.

CAUTION: If you are taking glucose lowering medication, consult your healthcare provider before taking this product.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q00457F

LifeExtension®

Alpha-Lipoic Acid with Biotin



Universal Cell Protection*

Dietary
Supplement

60 Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Biotin	2500 mcg	833%
Alpha-Lipoic Acid	250 mg	**

**Daily Value not established.

Other ingredients: rice flour, gelatin, vegetable stearate.

Non-GMO

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.