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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule in the morning and one (1) capsule in the evening, preferably on an empty stomach, or as recommended by a healthcare practitioner.

CAUTION: if you are taking glucose lowering medication, consult your healthcare provider before taking this product.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q00457E

LifeExtension®

Super Alpha-Lipoic Acid with Biotin 250 mg



The Universal Antioxidant

Dietary
Supplement

60 Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Biotin	2500 mcg	833%
Alpha-Lipoic Acid	250 mg	**

**Daily Value not established

Other ingredients: rice flour, gelatin, vegetable stearate.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
info@lifeextension.com • www.lef.org
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.