

MET-Rx® CREATINE 4200

- Enhances the ability of muscles to produce higher muscular force, especially during short bouts of maximal exercise.*
- Helps promote athletic performance.*
- Excellent supplemental choice for athletes and hard-core body-builders.
- Each capsule contains HPLC Pure Creatine Monohydrate 700 mg.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS:

For adults, take six (6) capsules daily with juice or other glucose-containing liquid. Take this product with an adequate fluid intake. As a reminder, discuss the supplements and medications you take with your health care providers.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

MET-Rx®

CREATINE 4200

»» THE REVOLUTIONARY SCIENCE
OF MUSCLE MASS AND STRENGTH* ««

»» **Boosts Muscle Strength Gains***

»» **Accelerates Power and Recovery from Exercise***

120 RAPID RELEASE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 6 Capsules
Servings Per Container 20

Amount Per Serving	%Daily Value
HPLC Pure Creatine Monohydrate 4,200 mg (4.2 g)	**

**Daily Value not established.

Other Ingredients: Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

MET-Rx®
Shaping Every Body.™

Manufactured in the USA
by **MET-Rx Nutrition, Inc.**
Boca Raton, FL 33487

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Questions? Call toll free
1-800-55-MET-Rx

To learn more, please go to
www.MET-Rx.com

