Freshest & Most Nutritious – Naturally!
Pure and pristine flax oil with flaxseed particulate providing
essential Omega-3 fatty acid and flax lignans.

- Organic North American Flaxseed
- High in Vital Omega-3 Fatty Acid
- Pure & Unrefined

Non-GMO, Gluten Free

LEARN MORE ABOUT A PATHWAY TO A BETTER LIFE: barleans.com - 800/445-3529 Barlean's - Ferndale, WA 98248

SAC Nielsen Syndicated Market Data







Made with North American Flaxseed

Freshly Cold Pressed

250 Softgels

OMEGA-3
FLAX OIL

## Supplement Facts

Serving Size 3 softgels (3 g) Servings Per Container 83

Amount Pe	r Serving	% Daily Va
Calories	30	
Calories from Fat	25	
Total Fat	3 g	59
Saturated Fat	0 g	09
Polyunsaturated Fat	2 g	
Monounsaturated Fat	0.5	g

## Omega-3 Polyunsaturated Fat:

Alpha Linolenic Acid (LNA)  Omega-6 Polyunsaturated Fat:  Linoleic Acid (LA)	1550 mg	
Omega-6 Polyunsaturated Fat:		
Linoleic Acid (LA)	385 mg	

## Omena-9 Monouneaturated Fat-

1- 4-14		AND THE RESERVE OF THE PARTY OF
eic Acid 450 mg	eic Acid	450 mg

\*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.