

Freshest & Most Nutritious – Naturally!

Pure and pristine flax oil providing essential Omega-3 fatty acid.

- Organic North American Flaxseed
- High in Vital Omega-3 Fatty Acid
- Pure & Unrefined
- Non-GMO, Gluten Free



LEARN MORE ABOUT A
PATHWAY TO A BETTER LIFE:

barleans.com • 800/445-3529

Barlean's Ferndale, WA 98248

FRESHNESS DATING

\$AC Nielsen
Syndicated
Market Data

ESTD 1989

BARLEAN'S



GLUTEN FREE

NON-GMO

Fresh

FLAX OIL

SUPPLEMENT

Made with North American Flaxseed
Freshly Cold Pressed

100 Softgels

AMERICA'S
BEST SELLING
OMEGA-3
FLAX OIL[®]

Supplement Facts

Serving Size 3 Softgels (3 g)

Servings Per Container 33

	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	25	
Total Fat	3 g	5%*
Saturated Fat	0 g	0%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†

Omega-3 Polyunsaturated Fat:

Alpha Linolenic Acid (LNA) 1650 mg †

Omega-6 Polyunsaturated Fat:

Linoleic Acid (LA) 410 mg †

Omega-9 Monounsaturated Fat:

Oleic Acid 480 mg †

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

INGREDIENTS: Organic flaxseed oil;
softgel (gelatin, glycerine, water, and
sorbitol sorbitan solution).

SUGGESTED USE: 3-9 softgels
per day. Keep bottle tightly closed.
Store in a cool, dry place, out of
reach of children.



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