

Nurture and Nourish Your Body with Barlean's Evening Primrose Oil

EPO is revered because it contains a significant amount of Gamma-Linolenic Acid (GLA). GLA is created in the body from dietary essential fats such as those found in flax seed oil. However, in some people GLA is not produced adequately. EPO offers a direct source of GLA for these individuals.



FRESHNESS DATING

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PATHWAY TO A BETTER LIFE:

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ESTD 1989

BARLEAN'S

PATHWAY TO A BETTER LIFE

EVENING PRIMROSE OIL

Pure & Unrefined
Gluten Free • Non-GMO

120 Softgels

Supplement Facts

Serving Size 2 Softgels (2.6 g)

Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%*
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	1 g	†
Linoleic Acid (LA)	1846 mg	†
Gamma Linolenic Acid (GLA)	234 mg	†
Oleic Acid	130 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

INGREDIENTS: Organic evening primrose oil; and softgel (gelatin, glycerine, water, and sorbitol sorbitan solution).

SUGGESTED USE: 2 softgels per day. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.



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