

Essential Woman—Beauty & Balance from Within

Made from the seeds of botanical flowers of flax and Evening Primrose, as well as special plant nutrients, Essential Woman is designed to:

- Supply vital & essential omegas 3, 6 & 9 and Gamma-Linolenic Acid (GLA)
- Promote hormonal harmony and internal moisture at all life stages*
- Support healthy skin, hair and nails which are indicators of inner health*
- Non-GMO, Gluten Free

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



FRESHNESS DATING

LEARN MORE ABOUT A
PATHWAY TO A BETTER LIFE:
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BARLEAN'S



NON-GMO

GLUTEN FREE

ESSENTIAL WOMAN

BEAUTY & BALANCE FROM WITHIN

120 Softgels

Supplement Facts

Serving Size 3 Softgels (3 g)

Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	25	
Total Fat	2.5 g	4%*
Saturated Fat	0 g	0%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0 g	†

Omega-3 Polyunsaturated Fat:

Alpha Linolenic Acid (LNA) 1200 mg †

Omega-6 Polyunsaturated Fat:

Linoleic Acid (LA) 470 mg †

Gamma Linolenic Acid (GLA) 19 mg †

Omega-9 Monounsaturated Fat:

Oleic Acid 380 mg †

Saponins 5 mg †

Isoflavones 5 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Essential Woman oil blend (flaxseed oil, soy isoflavones, evening primrose oil, flaxseed particulates, rosemary extract, and ascorbic acid) and softgel (gelatin, glycerine, water, sorbitol sorbitan solution, and caramel color).

SUGGESTED USE: 3-9 softgels per day, with or without a meal. Keep out of reach of children. Store in a cool dry place. Keep tightly closed.



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