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SUGGESTED USAGE: Shake well before using. Take 1 tablespoon daily, preferably on an empty stomach.

NOW® L-Carnitine Liquid has all of the properties of Carnitine in a highly absorbable liquid form. L-Carnitine is a non-essential amino acid that helps to maintain overall good health by facilitating the transfer of fatty acid groups into the mitochondrial membrane for cellular energy production.* It naturally occurs in red meat and other animal-source foods, but we recommend supplementation to obtain optimal levels of this excellent amino acid. NOW® L-Carnitine is the purest form, clinically tested, and vegetarian (non-animal sourced).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially thyroid hormones, anticoagulant medications), or have a medical condition, including thyroid disease. Keep out of reach of children.

Natural color variation may occur in this product.

**NOW
SPORTS**

L-Carnitine Liquid

Purest Form, Clinically Tested

1000 mg

Citrus Flavor



Carnipure™

Net 16 fl. oz. (473 mL)
A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container about 32

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%*
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	100%
L-Carnitine (Carnipure™) (Free-Form Base)	1 g (1,000 mg)	†
Stevia Extract (Leaf)	16 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Malic Acid, Citric Acid, Natural Flavors, Potassium Sorbate (as preservative) and Lemon (*Citrus limon*) Oil.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Carnipure™ offers purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.

Store in a cool, dry, dark place after opening.

Please Recycle.

