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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) capsule one to four times daily on an empty stomach, or as recommended by a healthcare practitioner.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q00199E

**LifeExtension®**

**Taurine**  
1000 mg



**Supports Cardiovascular  
Health\***

Dietary  
Supplement

**50 Capsules**

**Supplement Facts**

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Taurine	1000 mg	**

\*\*Daily Value not established.

**Other ingredients:** gelatin, silica, vegetable stearate.

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309

info@lifeextension.com • www.lef.org  
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.