

Cascara Sagrada

Aromatic compound

Super Concentrated 5,000 mg



Gluten-Free Low Alcohol

Net 3 fl oz (90 mL)

Supplement Facts

Serving Size 1 Teaspoon (5 mL) Servings Per Container 18

Amount Per Serving

% Daily Value

Compound Fluid Extract Cascara Sagrada Bark 5,000 mg (5 g)

Glycerin, Organic Alcohol (18-20%), Water, Cascara Sagrada Bark Extract, Licorice Root Extract, Stevia Leaf Extract, Star Anise Oil, Coriander Seed Oil, Wintergreen Oil

† Daily Value not established.

Other Ingredients: None.

Suggested Use: As a dietary supplement, take one (1) teaspoon (5 mL) before bedtime.

SHAKE WELL, KEEP OUT OF REACH OF CHILDREN. WARNING: DO NOT USE IF PREGNANT OR NURSING. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

CAUTION: This product contains cascara sagrada (Rhamnus purshiana). Read and follow directions carefully. Do not use if you develop diarrhea, loose stools and/or abdominal pain, as cascara sagrada may worsen these conditions and be harmful to your health. Do not use if you have gallstones and/or kidney stones. Consult your healthcare practitioner if you have frequent diarrhea, or if you are taking medication or have a medical condition.

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