

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take two (2) tablets two to three times daily in divided doses, preferably on an empty stomach, or as recommended by a healthcare practitioner. Take with co-factors vitamins B12, B6, and folic acid.

CAUTION: S-Adenosyl-Methionine should not be taken by those diagnosed with bipolar disorder.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.



Q00453D

LifeExtension®

S-Adenosyl-Methionine 200 mg



**Supports Healthy Bones,
Joints, and Emotional Well-Being***

Dietary
Supplement

50 Enteric Coated
Tablets

Supplement Facts

Serving Size 2 Enteric Coated Tablets
Servings Per Container 25

Amount Per Serving	% Daily Value
S-Adenosyl-Methionine	400 mg **

**Daily Value not established.

Other ingredients: cellulose, mannitol, hydroxypropyl methylcellulose phthalate, citric acid, stearic acid, silica, glyceryl triacetate, sodium starch glycolate, croscarmellose sodium, titanium dioxide, yellow ochre.

Manufactured for:
Quality Supplements and Vitamins, Inc.

Ft. Lauderdale, Florida 33309

info@lifeextension.com • www.lef.org

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.