

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule once or twice daily on an empty stomach, or as recommended by a healthcare practitioner.

CAUTION: If you have significant kidney or liver disease, please consult your healthcare practitioner before using this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q00345F

LifeExtension®

L-Glutamine

500 mg



For Mood, Muscle,
and Immune Support*

Dietary
Supplement

100 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
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L-Glutamine (free form amino acid)	500 mg **
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**Daily Value not established.

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), rice flour, stearic acid.

Non-GMO

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.