

**DIRECTIONS: FOR ADULTS, TAKE TWO (2) CAPSULES AFTER EACH MEAL AND AT BEDTIME.** As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 50

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
|--------------------|---------------|

|         |     |      |
|---------|-----|------|
| Protein | 1 g | 2%** |
|---------|-----|------|

|                                       |                  |     |
|---------------------------------------|------------------|-----|
| Gelatin                               | 1,300 mg (1.3 g) | *** |
| (from capsule fill and capsule shell) |                  |     |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredient:** Vegetable Magnesium Stearate.

Eight (8) capsules provide 80 grains of edible gelatin.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**Sundown**  
*Naturals*

# Gelatin

## 650 MG

### Promotes Healthy Hair, Skin & Nails\*

**100 CAPSULES**   **DIETARY SUPPLEMENT**

### Smart Facts

An active lifestyle, on-the-run nutrition, harsh detergents and chemicals - all can have an effect on the health of your nails, hair, and skin. Gelatin is one of the raw materials for collagen, the building block for strong nails and healthy hair and skin.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**



Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

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