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100% CREATINE

ELITE SERIES



From the Makers of

Why Six Star® 100% Creatine Powder Is the Smarter Choice

Six Star® 100% Creatine is from the makers of MuscleTech®, America's #1 selling body building supplement brand, so you know it's a premium formula you can trust. Unlike low-dose creatine supplements, Six Star® 100% Creatine delivers a clinically proven dose of creatine monohydrate, the most researched form of creatine available. It delivers the muscle size, strength and performance you expect from a creatine product, without any added ingredients, fillers or additives.▲ Trust Six Star® 100% Creatine for the best formula, best quality and best results.

Who Is Six Star® 100% Creatine For?

- ★ Active Men & Women
- ★ Fitness Enthusiasts
- ★ Body Builders
- ★ Team Sport Athletes
- ★ Strength Athletes
- ★ Endurance Athletes

What Benefits Does It Provide?

- ★ 5g of the most researched form of creatine per serving
- ★ Builds muscle size, strength & performance▲
- ★ Clinically proven formula
- ★ 100% creatine – no fillers, additives or artificial flavorings
- ★ Mixes easily, tasteless and odorless

Clinically Proven to Build Muscle Size, Strength & Performance

Six Star® 100% Creatine provides energy to muscle cells to improve recovery between sets, which leads to rapid increases in muscle performance, size and strength.▲

In fact, in a 6-week study conducted at a leading university, subjects using the creatine in Six Star® 100% Creatine combined with juice gained, on average, more lean muscle than subjects taking a placebo (5.9 lbs. vs. 0.4 lbs.).▲

Six Star® 100% Creatine is perfect for anyone looking for a high-quality, ultra-effective and clinically proven creatine formula. Plus, it's tasteless, odorless and easy to mix. Trust Six Star® 100% Creatine for optimum performance and results you can trust!▲

Another Six Star Pro Nutrition® Supplement To Help You Meet Your Goals:



PRE- & POST-WORKOUT, BETWEEN MEALS



Whey protein formula designed to help build muscle & strength.▲

FOR MORE INFO, RECIPES, TIPS, AND TO JOIN THE CONVERSATION, VISIT

SixStarPro.com Twitter@SixStarPro
Facebook.com/SixStar
Instagram.com/sixstarpronutrition

TOTAL 5g ULTRA-PURE CREATINE

100% Ultra-Pure Creatine Monohydrate

- Builds Lean Muscle Mass and Enhances Strength▲
- No Fillers or Additives

TOTAL 80 SERVINGS!

unflavored DIETARY SUPPLEMENT
NATURAL AND ARTIFICIAL FLAVORS

Net Wt. 0.88 lbs. (400g)

Mixes Instantly • Zero Aspartame

Supplement Facts

Serving Size: 1 Rounded Teaspoon (5g)
Servings Per Container: 80

Amount Per Serving	% Daily Value
Creatine monohydrate 5g	†

†Daily Value not established.

DIRECTIONS: Mix 1 serving (5g) with water, fruit juice or your favorite pre- or post-workout drink. Six Star® researchers recommend loading for the first 3 days. **To load for 3 days**, take 2 servings twice a day. On days of your workout, take 2 servings before your workout and 2 servings after your workout. On days that you don't work out, take at any other time of the day. **After the first 3 days of loading**, take 1 serving twice a day. As with all creatine products, maintain an adequate state of hydration during use.

How to Take 100% Creatine:



Tip: Mix with water, fruit juice, or your favorite pre- or post-workout drink.

WARNING: Do not use if pregnant or nursing. Consult a medical doctor before starting any diet or exercise program.

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Made in the U.S.A. from international and domestic ingredients. Distributed by Iovate Health Sciences U.S.A. Inc. 1105 North Market Street, Suite 1330, Wilmington, DE 19801. © 2015. For lot no. and expiry date: see bottle.

Six Star® 100% Creatine is manufactured according to cGMP standards, as is required for all dietary supplements.

◆ MuscleTech® is America's #1 selling body building supplement brand based on cumulative wholesale dollar sales 2001 to present.



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