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product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) capsule one to four times daily, preferably early in the day, or as recommended by a healthcare practitioner.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified health care professional before using this product if you have, or have a family history of breast cancer, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. Do not take this product if you have a history of seizures. KEEP OUT OF REACH OF CHILDREN. Do not purchase if outer seal is broken or damaged.

Store tightly closed in a cool, dry place.



Q00302G

LifeExtension®

Pregnenolone

50 mg



Supports Memory and Hormonal Balance*

Dietary
Supplement

100 Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Pregnenolone	50 mg **

**Daily Value not established.

Other ingredients: microcrystalline cellulose, gelatin, vegetable stearate, silica.

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, Florida 33309
info@lifeextension.com • www.lef.org
To report any adverse events
call 1-800-332-1088.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.