

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule daily with meals, or as recommended by a healthcare practitioner.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Q00102C

LifeExtension®

Biotin

600 mcg



**Essential Nutrient for
Healthy Hair and Nails**

Dietary
Supplement

100 Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
--------------------	---------------

Biotin	600 mcg 200%
--------	--------------

Other ingredients: rice flour, dicalcium phosphate, gelatin, vegetable stearate.

Manufactured for:
Quality Supplements and Vitamins, Inc.

Ft. Lauderdale, Florida 33309

info@lifeextension.com • www.lef.org

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.