

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TO TWO (2) TABLETS AT BEDTIME AS MELATONIN MAY PRODUCE DROWSINESS.

As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Melatonin (as n-Acetyl-5-Methoxytryptamine)	300 mcg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dextrose, Vegetable Magnesium Stearate.

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Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals

Melatonin

300 MCG *Patented Dosage*

Helps Promote Sleep*

VEGETARIAN FORMULA
120 TABLETS DIETARY SUPPLEMENT

No Artificial Color, Flavor or Sweetener, No Preservatives, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.



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