



Gluten Free

Dairy Free

Soy Free

Nut Free

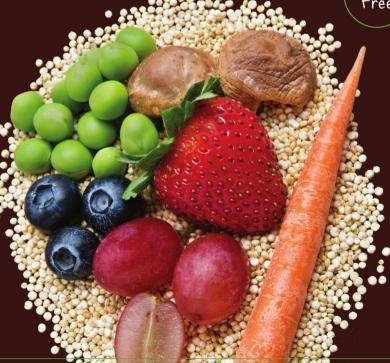
Meal Replacement Plant Protein

- · Provides energy
- Satisfies hunger

Dietary Supplement

- · Non-GMO
- Vegan

Net Wt. 2.3 lb. (1.1 kg)



Supplement Facts

Serving Size 1 Scoop (37.5 g) Servings Per Container About 28

	Amount Per Serving	% Daily Value
Calories	155	
Calories from Fat	25	
Total Fat	3 g	5% [†]
Saturated Fat	0.5 g	3%⁺
Sodium	270 mg	11% [†]
Potassium	100 mg	3%⁺
Total Carbohydrate	15 g	5% [†]
Dietary Fiber	5 g	20% [†]
Sugars	<1 g	*
Protein	16 g	32% [†]
Vitamin A	2,580 IU	52%
Vitamin C	30 mg	50%
Calcium	245 mg	25%

Pea protein isolate, organic sprouted amaranth. organic sprouted guinoa, chlorella protein, cranberry

6.075 ma Organic oat bran, organic amaranth, organic guinoa. organic buckwheat, organic millet, organic chia, broccoli sprouts, watercress sprouts, kale sprouts, mustard sprouts, cabbage sprouts.

Amount % Daily Per Serving Value

Fiber/Antioxidant Blend 3.950 ma Organic acacia gum fiber, organic beet, grape seed extract, plum fruit extract, strawberry juice, noni fruit, raspberry juice, mango juice, acai juice, cupuacu juice. camu camu fruit extract, green tea extract, watermeloi juice, organic hawthorn berry extract, grape skin extract elderberry fruit, organic goji extract, bilberry extract rotease, amylase, cellulase, lactase, lipase, aurora

Plant Essential Fatty Acid Blend 1,516 mg Flax seed oil powder, flax seed, sacha inchi seed, chia seed, hemp seed.

Digestive Blend

988 ma * Bacillus coagulans 1 billion cfu, fructo-oligosaccharides (inulin), alpha galactosidase, bromelain.

ermented Whole Food Blend glyconutrient blend (mannose, glucose, galactose, xylose (from coffea arabica and aloe barbadensis))

†Percent Daily Values are based on a 2,000 calorie diet *Daily Value not established.

Other Ingredients: Natural vanilla flavor, inulin, xanthan gum, stevia, silica, leucine, isoleucine, valine, glutamine, glycine, natural chai flavor, lo han quo, organic maltodextrin, organic corn starch

Does not contain: Yeast, Wheat, Gluten, Soy, Dairy, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, add one (1) scoop (37.5 g) to 8 - 12 oz of cold water. Stir, shake or blend

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have

This product is sold by weight, not by volume. Contents may settle during shipping and handling.

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STORE IN A COOL, DRY PLACE, KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

pure living, naturally true

Welcome to the world of plnt™: an array of earth-friendly herbs, supplements and whole foods. At our root, our products are made with some of earth's finest natural ingredients and whole foods. That's why we leave out the "a" in plnt, to represent the absence of artificial additives and ingredients. With no synthetic preservatives, colors, flavors or sweeteners, our supplements are formulated the way Mother Nature intended.

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin D	174 IU	44%	Pantothenic Acid	5 mg	50%
Vitamin E	15 IU	50%	lodine	74 mcg	49%
Thiamin (Vitamin B1)	640 mcg	43%	Magnesium	9 mg	2%
Riboflavin (Vitamin B2)	860 mcg	51%	Zinc	7 mg	47%
Niacin	10 mg	50%	Selenium	12 mcg	17%
Vitamin B6	850 mcg	43%	Copper	360 mcg	18%
Folic Acid (folate)	269 mcg	67%	Manganese	2 mg	100%
Vitamin B12	3 mcg	50%	Chromium	46 mcg	38%
Biotin	146 mcg	49%	Molybdenum	11 mcg	15%

L-Alanine	720 mg	L-Lysine	1260 mg
L-Arginine	1440 mg	L-Methionine	180 mg
L-Aspartic Acid	1980 mg	L-Phenylalanine	900 mg
L-Cystine	180 mg	L-Proline	720 mg
L-Glutamine	2962 mg	L-Serine	900 mg
L-Glycine	840 mg	L-Threonine	720 mg
L-Histidine	540 mg	L-Tryptophan	180 mç
L-Isoleucine	1105 mg	L-Tyrosine	720 mg
L-Leucine	1645 mg	L-Valine	1105 mg

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