

VALUE
SIZE!

WOMEN'S

irwin
naturalsLiving Green
Liquid-Gel Multi[®]

Specialized for Women with:

- ✓ 12 Key Nutrient Groups
- ✓ Whole Food Concentrates
- ✓ Vitamin D3, Cranberry & More

120 LIQUID SOFT-GELS
DIETARY SUPPLEMENT**DIRECTIONS:** (Adult) Take three (3) Liquid Soft-Gels per day in divided doses with food and a full glass of water.**Supplement Facts**Serving Size: 3 Liquid Soft-Gels
Servings per Container: 40

	Amount per Serving	%Daily Value		Amount per Serving	%Daily Value
Vitamin A (as Beta Carotene)	5000 IU	100%	Pantothenic Acid (as D-Calcium Pantothenate)	20 mg	200%
Vitamin C (as Ascorbic Acid)	250 mg	417%	Calcium (as Calcium Citrate)	50 mg	5%
Vitamin D (as Vitamin D3)	400 IU	100%	Magnesium (as Magnesium Amino Acid Chelate)	25 mg	6%
Vitamin E (as d-Alpha Tocopherol)	200 IU	667%	Zinc (as Zinc Oxide)	15 mg	100%
Thiamin (as Thiamine Mononitrate)	20 mg	1333%	Selenium (as L-Selenomethionine)	75 mcg	107%
Riboflavin	20 mg	1176%	Copper (as Copper Amino Acid Chelate)	2 mg	100%
Niacin (as Nicotinamide)	20 mg	100%	Manganese (as Manganese Ascorbate)	2 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	20 mg	1000%	Chromium (as Chromium Polymicronate)	120 mcg	100%
Folic Acid	600 mcg	150%	Molybdenum	225 mcg	300%
Vitamin B12 (as Methylcobalamin)	60 mcg	1000%	(as Molybdenum Amino Acid Chelate)		
Biotin	15 mcg	5%			
Crucial Oil Complex	2510 mg	†	Traditional Botanical Blend	21 mg	†
Fish Oil (30% Omega-3 fatty acids (EPA/DHA)), Flax Seed Oil (50% ALA), Evening Primrose Oil (9% GLA/seed)			Ashwagandha powder (root), Astragalus (Astragalus membranaceus) powder (root), Bupleurum (Bupleurum chinense) powder (root)		
Antioxidant Blend	60 mg	†	Green Super Food Blend	9 mg	†
Acai (Euterpe oleracea) Berry extract (4:1), Grape Seed extract (95% proanthocyanidins), Green Tea extract (50% polyphenols)(leaf), Resveratrol, White Tea extract (90% polyphenols)(leaf)			Barley Grass powder, Chlorella powder, Spirulina (Arthrospira platensis) powder		
Fruit and Vegetable Blend	57 mg	†	Adrenal Blend	24 mg	†
Alfalfa (aerial), Asparagus (aerial), Beet (root), Blueberry (Vaccinium angustifolium) (fruit), Broccoli (aerial), Brussels Sprouts (Brassica oleracea var. gemmifera) (aerial), Cabbage (Brassica oleracea var. capitata) (aerial), Carrot (Daucus carota ssp. sativus) (root), Collards (aerial), Garlic (bulb), Ginger (root), Grape (seed), Grapefruit (fruit), Lemon (fruit), Onion (bulb), Papaya (fruit), Pineapple (fruit), Spinach (leaf), Tomato (fruit)			American Ginseng powder (root), Asian Ginseng powder (root), Montmorillonite		
Immuno Blend	54 mg	†	Brain Blend	18 mg	†
Cat's Claw powder (bark), European Elder Berry powder, Garlic powder (bulb)			Ginkgo powder (leaf), Phosphatidylserine		
Amino Acid Blend	54 mg	†	Targeted Blend	135 mg	†
L-Histidine Hydrochloride, L-Isoleucine, L-Leucine, L-Lysine Hydrochloride, L-Methionine, L-Phenylalanine, L-Threonine, L-5-Hydroxytryptophan, L-Valine			Corn Silk powder, Cranberry (Vaccinium macrocarpon) powder (fruit), Milk Thistle powder (seed)		
			BioPerine Complex	6 mg	†
			BioPerine [®] Black Pepper extract (95% piperine)(fruit), BioPerine [®] extract (5% gingerols)(rhizome)		

†Daily Value not established

Other Ingredients: Cellulose, purified water, glycerin, soy lecithin, beeswax, titanium dioxide, turmeric and sodium copper chlorophyllin.

Contains: Fish (anchovy, sardine), SoyBioPERINE[®] is a registered trademark of Sabinsa Corporation.

No preservatives added.

Women's Living Green Liquid-Gel Multi[®] sets a new standard in today's world of low nutrition and high stress. Combining powerful botanicals and essential nutrients, this is not a one-size-fits-all formula... it's targeted to benefit the unique nutrition profile of women.^{*} For example, it delivers Vitamin D3, Cranberry and more.

Most importantly, it's one of the world's only multivitamin formulas delivered in a Liquid Soft-Gel. So what does that mean to you? Liquid Soft-Gels are easier to swallow, they release their nutrients quickly, and they are free of binders/fillers that are typically found in tablets – leaving more room for life-giving nutrients. But the greatest benefit of Liquid Soft-Gels is that they can hold important oils, such as Omega-3 Essential Fatty Acids (EFAs). This breakthrough formula combines over 70 nutrients, vitamins and minerals that cover the following 12 categories:

ONE: Full-Spectrum Vitamins	SEVEN: Amino Acid Blend
TWO: Minerals	EIGHT: Traditional Botanical Blend
THREE: Crucial Oil Complex	NINE: Green Super Food Blend
FOUR: Antioxidant Blend	TEN: Adrenal Blend
FIVE: Fruit and Vegetable Blend	ELEVEN: Brain Blend
SIX: Immuno Blend	TWELVE: Targeted Blend

DISTRIBUTED, FORMULATED AND QUALITY TESTED by:
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Weekdays 8:00 AM to 5:00 PM (PST) • Questions@IrwinNaturals.com

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.
WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

^{*}These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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