



**SUGGESTED USE**  
SHAKE WELL BEFORE USING  
Add 1 full squeeze of the dropper bulb  
to 2 oz. of water or juice, 2 to 5 times  
per day. Best taken between meals.  
Keep Out of the Reach of Children  
Store away from heat & light

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# CRAMP BARK

SYSTEM RESTORATION

Musculoskeletal\*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

## Cramp Bark Liquid Extract

### Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Cramp Bark bark

†

(*Viburnum opulus*) Ⓢ extract 657 mg Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (52-62%), distilled water & certified organic vegetable glycerin. **Non-GMO & Gluten-Free**

Ⓢ Sustainably Wildcrafted

Ⓢ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

**HERB PHARM • WILLIAMS, OR 97544**  
**800-348-4372 • [www.herb-pharm.com](http://www.herb-pharm.com)**

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.