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SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

009

leaf & flowering top

CATNIP

NERVOUS SYSTEM

Calming*



HERB PHARM®

HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Catnip Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Catnip leaf & flowering top

(*Nepeta cataria*) Ⓞ Ⓟ extract 674 mg Ⓞ

†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (45-55%) & certified organic vegetable glycerin.
Non-GMO & Gluten-Free

Ⓞ Certified Organic Ⓟ Fresh (undried)

Ⓟ Extraction rate 467 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1: 1.5

We prepare our Catnip Extract from the fresh (undried) leaf & flowering top of *Nepeta cataria* plants which are **certified organically grown** on our own farm.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.