



SELF HEAL


Prunella vulgaris



Promotes Healthy
Lymphatic Function*

2 fl. oz. (60 mL)
HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST



Suggested use: 30-60 drops
(1.5-3 mL) in juice or water.
Take 3 times per day. Shake
well before using.

Supplement Facts

Serving size 60 drops (3 mL)
Servings per container 20

Amount Per Serving

Fresh Self Heal flowering
tops ♦ extract 3 mL†

† Daily value not established.

Other ingredients: Distilled water,
ethyl alcohol ♦.

Botanical Preparation Ratio 1:3
♦ Certified Organic

KEEP OUT OF CHILDREN'S REACH

*This statement has not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.

Herbalist & Alchemist, Inc.
Washington, NJ 07882
800-611-8235
www.herbalist-alchemist.com

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