

**Fatigued to Fantastic!**



**For optimum energy and mental clarity!\***

Jacob Teitelbaum, M.D., best-selling author of *From Fatigued to Fantastic!* and the nation's leading energy expert, directed the development of *Fatigued to Fantastic!* to create a solid foundation for vitality, health, and sustained energy.\* While each individual ingredient in *Fatigued to Fantastic! Energy Revitalization System Berry Splash* provides significant nutritional support for healthy energy metabolism, it is theorized that when they are taken together synergistic effects will be noted.\*

- Delivers the benefits of over 40 vitamins, minerals and nutrients for sustained energy\*
- Replaces the equivalent of over 30 tablets and capsules a day
- Includes Daily Energy B Complex conveniently in the drink mix for peak energy and endurance\*
- Features malic acid, which stimulates the complete burning of fuel for energy and supports healthy connective tissue and muscle functioning\*
- Also contains key nutrients including: **choline** for mental alertness, **amino acids** essential to metabolism and immune health, and **antioxidants** for protection from free-radical damage\*

Dr. Teitelbaum's royalties are donated to charity.  
www.jacobteitelbaum.com

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



**Fatigued to Fantastic!**

# ENERGY Revitalization system™

**Vitality, health and lasting energy!\***

- **Nutritional Powerhouse**
- **Healthy Brain Function\***
- **Healthy Muscle Function\***



**Berry Splash Flavor**

**One Month Supply Drink Mix**  
**NET WT 21.48 OZ (609 G)**  
DIETARY SUPPLEMENT

## Supplement Facts

| Serving Size 1 level scoop (20.3 g)                                                          | Servings per Container 30 |        |
|----------------------------------------------------------------------------------------------|---------------------------|--------|
| Amount per Serving                                                                           | % DV                      |        |
| Calories                                                                                     | 60                        |        |
| Calories from fat                                                                            | 5                         |        |
| Total Fat                                                                                    | <1 g                      | <1%    |
| Cholesterol                                                                                  | 15 mg                     | 5%     |
| Total Carbohydrate                                                                           | 6 g                       | 2%     |
| Dietary Fiber                                                                                | 2 g                       | 8%     |
| Sugars                                                                                       | 1 g                       | **     |
| Protein                                                                                      | 6 g                       | 12%    |
| Vitamin A (55% as beta-carotene and as retinyl acetate)                                      | 4,500 IU                  | 90%    |
| Vitamin C (ascorbic acid)                                                                    | 500 mg                    | 833%   |
| Vitamin D (as cholecalciferol)                                                               | 1,000 IU                  | 250%   |
| Vitamin E (as mixed tocopherols)                                                             | 30 IU                     | 100%   |
| Vitamin K (as phytylphosphatide)                                                             | 100 mcg                   | 125%   |
| Thiamin (as thiamin HCl) (vitamin B1)                                                        | 75 mg                     | 5,000% |
| Riboflavin (vitamin B2)                                                                      | 75 mg                     | 4,417% |
| Niacin (as niacinamide)                                                                      | 50 mg                     | 250%   |
| Vitamin B6 (as pyridoxine HCl)                                                               | 45 mg                     | 2,250% |
| Folate (as Folic acid and Quatrefolic® brand (RS)-5-methyltetrahydrofolate glucosamine salt) | 400 mcg                   | 100%   |
| Vitamin B12 (as methylcobalamin)                                                             | 500 mcg                   | 8,333% |
| Biotin                                                                                       | 200 mcg                   | 67%    |
| Pantothenic Acid (as calcium D-pantothenate)                                                 | 50 mg                     | 500%   |
| Calcium                                                                                      | 80 mg                     | 8%     |
| Iodine (as potassium iodide)                                                                 | 200 mcg                   | 133%   |
| Magnesium (as magnesium aspartate)                                                           | 200 mg                    | 50%    |
| Zinc (as zinc gluconate)                                                                     | 15 mg                     | 100%   |

| Amount per Serving                                                                                     | % DV    |      |
|--------------------------------------------------------------------------------------------------------|---------|------|
| Selenium (as L-selenomethionine)                                                                       | 55 mcg  | 75%  |
| Copper (as copper gluconate)                                                                           | 500 mcg | 25%  |
| Manganese (as manganese citrate)                                                                       | 2 mg    | 100% |
| Molybdenum (as sodium molybdate)                                                                       | 125 mcg | 167% |
| Sodium                                                                                                 | 20 mg   | <1%  |
| Potassium (as potassium citrate)                                                                       | 136 mg  | 5%   |
| Whey Protein† (milk)                                                                                   | 5.5 g   | **   |
| Malic Acid                                                                                             | 1 g     | **   |
| Betaine                                                                                                | 750 mg  | **   |
| Inositol                                                                                               | 750 mg  | **   |
| Inulin (from chicory root)                                                                             | 750 mg  | **   |
| Taurine‡                                                                                               | 500 mg  | **   |
| Glycine‡                                                                                               | 380 mg  | **   |
| L-Tyrosine‡                                                                                            | 377 mg  | **   |
| N-Acetylcysteine (NAC)                                                                                 | 250 mg  | **   |
| L-Serine‡                                                                                              | 240 mg  | **   |
| Stevia Leaf Extract                                                                                    | 150 mg  | **   |
| Choline Bitartrate                                                                                     | 100 mg  | **   |
| Grape Seed Extract standardized to 85% polyphenols (42.5 mg), including procyanidolic oligomers (PCOs) | 50 mg   | **   |
| Boron (as sodium borate)                                                                               | 2 mg    | **   |

†Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.  
Other ingredients: soy lecithin, organic gum acacia, natural raspberry flavor with other natural flavors, erythritol, natural blueberry flavor, mannitol, natural apple flavor with other natural flavors, natural mixed berry flavor with other natural flavors, gum acacia, natural strawberry flavor with other natural flavors, natural blueberry flavor with other natural flavors, red radish (color), monoammonium glycyrrhizinate (from licorice extract), silicon dioxide, natural cherry flavor with other natural flavors. Contains milk and soy.

**Recommendation:** Each morning, take ½ to 1 scoop, or as recommended by a healthcare professional. For ½ scoop: Mix with 4-6 oz water, your favorite beverage, smoothie or yogurt. For 1 scoop: Mix with 8-12 oz. Best if consumed within 30 minutes of preparation. Do not exceed recommended use. This product contains the amino acid Phenylalanine. If you are pregnant, nursing, have a blood clotting disorder or are taking any medications, consult a healthcare professional before use.

**GLUTEN FREE.** No yeast, wheat, artificial flavors or preservatives. Container is filled by weight, not volume; some settling may occur. Quatrefolic® is a registered trademark of Gnosis S.p.A.

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**Advanced, all-in-one formula!**

Enjoy lasting energy with *Fatigued to Fantastic!™ Energy Revitalization System™*.\* This daily nutritional powerhouse adds convenience as a delicious, all-in-one drink mix with B vitamins built right in—plus essential vitamins, minerals, protective antioxidants, and amino acids to replace over 30 tablets and capsules each day. Feeling your best just got a whole lot easier to swallow!



| *Typical Amino Acid Content per serving, including Amounts for Whey Protein: |          |
|------------------------------------------------------------------------------|----------|
| L-Alanine                                                                    | 300 mg   |
| L-Arginine                                                                   | 145 mg   |
| L-Aspartic Acid                                                              | 665 mg   |
| L-Cystine                                                                    | 65 mg    |
| L-Glutamic Acid                                                              | 1,090 mg |
| Glycine                                                                      | 500 mg   |
| L-Histidine                                                                  | 105 mg   |
| L-Isoleucine                                                                 | 350 mg   |
| L-Leucine                                                                    | 630 mg   |
| L-Lysine                                                                     | 550 mg   |
| L-Methionine                                                                 | 125 mg   |
| L-Phenylalanine                                                              | 180 mg   |
| L-Proline                                                                    | 385 mg   |
| L-Serine                                                                     | 540 mg   |
| Taurine                                                                      | 500 mg   |
| L-Threonine                                                                  | 415 mg   |
| L-Tryptophan                                                                 | 115 mg   |
| L-Tyrosine                                                                   | 525 mg   |
| L-Valine                                                                     | 340 mg   |
| Total                                                                        | 7,525 mg |

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