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SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 or 3 times
per day. Best taken between meals.
*Caution: Seek expert medical advice
before taking during pregnancy.*
Keep Out of the Reach of Children
Store away from heat & light

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whole root
ASHWAGANDHA
ENERGY & VITALITY*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Ashwagandha Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Ashwagandha root

(*Withania somnifera*) Ⓞ extract 626 mg Ⓞ

†

† Daily Value (DV) not established

Other Ingredients: certified organic cane
alcohol (61-71%) & distilled water. **Non-GMO
& Gluten-Free**

Ⓞ Certified Organic

Ⓢ Extraction rate 175 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 4

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com
Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.