

**Formulated with
OrganiGlide® Technology!**

This unique glide-coat is designed to
make swallowing your vitamins effortless.
Better health has never been easier to swallow!

Amount per Serving	% DV
Protective Blend: sweet cherry fruit, green tea leaf extract, grape seed extract, pomegranate fruit extract, and ginkgo biloba root and rhizome extract 50% rehydrated (3 mg)	118 mg **
Digestive Blend: ginger rhizome extract and radish root	102 mg **
Vegetable Blend: broccoli flower, cabbage leaf, carrot root, collard greens, radish sprouts, tomato fruit, mustard greens, kale leaf and spinach leaf	50 mg **
Inositol	30 mg **
Betaine HCl	25 mg **
Cranberry (Vaccinium macrocarpon) Fruit	25 mg **
Bilberry (Vaccinium myrtillus) Fruit Extract	10 mg **
Boron (as sodium borate)	3 mg **
Lutein	1.5 mg **
Silicon (as magnesium trisilicate)	1 mg **
Vanadium (as vanadyl sulfate)	100 mcg **
Zeaxanthin	75 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, modified cellulose, modified cellulose
gum, magnesium stearate, glycerin, stearic acid, silicon dioxide,
cocoa gum, organic malodors.

Recommendation: Take 6 tablets daily with water to activate
OrganiGlide® Technology. May take 3 tablets twice daily. Best if
taken with food.

Caution: If pregnant, nursing, have a blood clotting disorder or
taking any medications, consult a healthcare professional before use.
artificial colors, flavors or preservatives.

GLUTEN FREE. No sugar, soy, yeast, wheat, dairy products,
artificial colors, flavors or preservatives.

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Questions? 1-800-783-2286 / enzy.com

For more than 15 years, Doctor's Choice™
multivitamins have been chosen by legions
of consumers. The unique blend of
vitamins, minerals and nutrients is specially
tailored to your age and gender to provide
you with a strong nutritional foundation
for a healthy life. It's your daily Rx for
better living!

**Doctor's Choice for 45+ Women
—Nutrition That Delivers**

In addition to providing a full range of essential
vitamins and minerals, Doctor's Choice 45+
Women offers these targeted beneficial
components:

- **Protective Blend** to support healthy aging*
- **Digestive Blend & Betaine HCl** to support
healthy digestion*
- **Vegetable Blend** to provide important
phytonutrients

Each easy-to-swallow tablet also contains the
urinary health-supporting herb, cranberry,* and
other wholesome ingredients like bilberry, lutein,
and zeaxanthin – plus many more beneficial
ingredients to comprise a comprehensive
multivitamin that:

- Provides balanced nutrition*
- Supports immunity*
- Has high-potency B vitamins to help
convert food to energy*

It is the right choice for better living!

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



**DOCTOR'S
choice™**
multivitamin

45+ WOMEN

Easy To Swallow
OrganiGlide™

DAILY RX FOR:

HEALTHY AGING*

IMMUNE SUPPORT*

B VITAMINS FOR ENERGY CONVERSION*

180 TABLETS

DIETARY SUPPLEMENT

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Supplement Facts

Serving Size 6 Tablets / Servings per Container 30

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g <1%
Dietary Fiber	2 g 7%
Vitamin A (75% as beta carotene and as retinyl acetate)	5,000 IU 100%
Vitamin C (as potassium ascorbate)	300 mg 500%
Vitamin D (as cholecalciferol)	800 IU 200%
Vitamin E (as alpha tocopheryl acetate and mixed tocopherols)	60 IU 200%
Vitamin K (as phytonadione)	120 mcg 150%
Thiamin (as thiamin HCl) (vitamin B1)	60 mg 4,000%
Riboflavin (vitamin B2)	60 mg 3,529%
Niacin (as niacinamide and niacin)	90 mg 450%
Vitamin B6 (as pyridoxine HCl)	25 mg 1,250%
Folic Acid	800 mcg 200%
Vitamin B12 (as cyanocobalamin)	800 mcg 13,333%
Biotin	600 mcg 200%
Pantothenic Acid (as calcium D-pantothenate)	50 mg 500%
Calcium (as calcium carbonate, tricalcium phosphate, and calcium citrate)	800 mg 80%
Iodine (as potassium iodide)	450 mcg 300%
Magnesium (as magnesium aspartate and magnesium oxide)	300 mg 75%
Zinc (as zinc gluconate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese citrate)	2 mg 100%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	5 mg <1%
Potassium (as potassium aspartate)	100 mg 3%
Cinnamom (Cinnamomum aromaticum) Bark Extract	300 mg **
Choline Bitartrate	215 mg **



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