



Plant Protein

Complete Amino Acid Profile

- Non-GMO
- Raw protein blend
- Easy to digest
- Free of common food allergens

Net Wt. 2 lb. (896 g)
Dietary Supplement



vanilla
19g protein

Gluten
Free

Dairy
Free

Soy
Free

Nut
Free

Supplement Facts

Serving Size 1 Scoop (28 g)
Servings Per Container About 32

	Amount Per Serving	% Daily Value [†]
Calories	120	
Calories from Fat	15	
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	*
Cholesterol	0 mg	0%
Sodium	230 mg	10%
Potassium	40 mg	1%
Total Carbohydrate	7 g	2%
Dietary Fiber	1 g	4%
Sugars	<1 g	*
Protein	19 g	38%
Calcium	40 mg	4%
Iron	5 mg	30%

Multi Source Plant Protein Blend (pea protein isolate, cranberry seed, chia seed & <i>Sacha inchi</i> seed)	24 g	*
Digestive Enzyme Blend (Alpha-galactosidase & Bromelain)	90 mg	*

[†]Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Inulin, natural vanilla, stevia, xanthan gum, natural caramel, silica, glycine, maltodextrin.

Does not contain: Yeast, Wheat, Gluten, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Add one (1) scoop (28 g) of Plant Protein powder to 8 - 12 oz of cold water. Stir or blend until smooth.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Notice: Use this product as a supplement only. Do not use for weight reduction.

This product is sold by weight, not by volume.
Contents may settle during shipping and handling.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

TYPICAL AMINO ACID PROFILE PER 28 g OF POWDER

L-Alanine	825 mg	L-Lysine	1381 mg
L-Arginine	1671 mg	L-Methionine	210 mg
L-Aspartic Acid	2459 mg	L-Phenylalanine	1055 mg
L-Cystine	191 mg	L-Proline	863 mg
L-Glutamine	3240 mg	L-Serine	1017 mg
L-Glycine	724 mg	L-Threonine	747 mg
L-Histidine	481 mg	L-Tryptophan	191 mg
L-Isoleucine	719 mg	L-Tyrosine	728 mg
L-Leucine	1500 mg	L-Valine	817 mg

pure living, naturally true™

Welcome to the world of plnt™: an array of earth-friendly herbs, supplements and whole foods. At our root, our products are made with some of earth's finest natural ingredients and whole foods. That's why we leave out the "a" in plnt, to represent the absence of artificial additives and ingredients. With no synthetic preservatives, colors, flavors or sweeteners, our supplements are formulated the way Mother Nature intended.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.

Item No.
VS-3400
2022531

