

Six Star® Fit Premium Lean Protein: A Complete Premium Lean Protein Created for Women by Women

Six Star® Fit Premium Lean Protein is from the makers of MuscleTech® so you know it's a complete formula you can trust. Six Star® Fit Premium Lean Protein contains:

- High-quality blend of protein isolate for ideal bioavailability
- Veggie and fruit blend
- Added flax seed meal and digestive enzymes
- With 70 calories for a guilt-free indulgence
- GanedenBC30™ probiotic cultures

Trust Six Star® Fit Premium Lean Protein to complete any shake, smoothie or delicious meal.

Award-Winning Taste You Will Love



Six Star® Fit Premium Lean Protein was awarded the Gold Medal for Superior Taste by The American Masters of Taste, a prestigious panel of chefs and flavor experts.

Get Delicious Recipes at sixstarfit.com

Go to sixstarfit.com for shake, smoothie and other great-tasting recipes.

Who Is Six Star® Fit Lean Protein For?

- Active Women
- Fitness Enthusiasts
- Strength Trainers
- Endurance Athletes
- Athletes



Also Look For:

Six Star® Fit Figure –
A Non-Stimulant
Weight Loss Formula
Created for Women by Women



SIX STAR
PRO NUTRITION®
★ ★ ★ ★ ★

fit™

Created for Women by Women

LEAN PROTEIN



16g
PROTEIN

70
CALORIES

0g
FAT

2g
CARBS

Guilt-Free Indulgence

Mixes Instantly • Zero Aspartame

rich chocolate

Net Wt. 1.20 lbs. (544g)

NATURAL AND
ARTIFICIAL FLAVORS

Nutrition Facts

Serving Size: 1 scoop (22g)
Servings Per Container: Approx. 25

Amount Per Serving	
Calories 70	Calories from Fat 0
% Daily Value*	

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 16g	32%

Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Protein Isolate Blend (soy protein isolate, 97% whey protein isolate, whey protein isolate, hydrolyzed whey protein isolate), cocoa powder (processed with alkali), natural and artificial flavors, Veggie & Fruit Blend (spinach powder, blueberry powder, broccoli powder), gum blend (cellulose gum, carrageenan, xanthan gum), sodium hexametaphosphate, flax seed meal powder, Enzyme Blend (amylase, papain), soy lecithin, sucralose, salt, bacillus coagulans GB131-8086, maltodextrin, acesulfame-potassium. **Contains milk and soy ingredients.** Processed in a facility that also processes egg, wheat, shellfish, fish, tree nut and peanut ingredients.

Made in the U.S.A. from international ingredients.
Distributed by Iovate Health Sciences U.S.A. Inc. 1105 North Market Street, Suite 1330, Wilmington, DE 19801.
© 2014. For lot no. and expiry date: see bottle.
Ganeden BC30 is a trademark of Ganeden Biotech Inc.

How to Make the Perfect Protein Shake:



STIR
Simply stir in a glass of water or milk.



SHAKE
Cover and shake until well mixed.



BLEND
Secure lid and blend for desired thickness.

Tip: Try blending with ice, your favorite fruit, peanut butter or anything else you enjoy for a delicious smoothie.

Suggested Use: Mix 1 scoop with 4 to 6 oz. of cold water or skim milk. Take at breakfast, after your workout, or any other time of day. Shake well before drinking. You can customize your own shake by blending with frozen fruits, yogurt, or anything else you enjoy.

Note: This product is sold by weight, so some settling may occur. Shake container before use.

†MuscleTech® is America's #1 Selling Body Building Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

sixstarfit.com

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