

ITEM #7730
B7730 11G



Borage Oil

1000 mg

Contains 240 mg GLA

**Promotes Cellular
and Metabolic Health***

ACTUAL SIZE

Dietary Supplement

**50 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	0.5 g	***
Monounsaturated Fat	0 g	***
Borage Oil	1,000 mg (1 g)***	
(Borago officinalis) (seed oil) which typically contains:		
Gamma Linolenic Acid (GLA)	240 mg	***
Linoleic Acid (LA)	380 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg,
No Corn, No Grapefruit, No Fish,
No Sweetener, No Sugar, No Starch,
No Preservatives, No Artificial Color,
No Artificial Flavor, No Sodium.

Directions: For adults, take one (1) softgel two times daily, preferably with meals.

Borage Oil is one of the few plant sources of Gamma Linolenic Acid (GLA) and Linoleic Acid (LA), two fatty acids that assist in metabolic and cellular health.* GLA is also good for women's health.*

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by Good 'N Natural Manufacturing Corp.,
Ronkonkoma, NY 11779 USA
800-544-0095 www.GOODNNATURAL.com
© 2013 Good 'N Natural Manufacturing Corp.