Do not combine with alcohol. Do not exceed 2 scoops within 24 hours, consumed at least 4 hours apart. Consume as part of a healthy diet and exercise program, and drink at least 100 fl oz of water per day. Exercise may increase your need for additional fluid intake. Keep out of reach of children. Store in a cool, dry place away from direct sunlight. DIRECTIONS: Mix 1 scoop with 4-6 fl oz of cold water and consume 20-30 minutes before training. Do not shake. Stir.

Approximately 275 mg of caffeine per serving.
PHENYLKETONURICS: CONTAINS PHENYLALANINE.

NEW FORMULA!



FINISH FIRST.

CarnoSyri

NEVER TRAIN WITHOUT IT!®

V.2.195.0615US diagnose, treat, cure or

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CAPROS® is protected under US Patent 6,124,268 and is a







ENHANCED ENERGY*

ENDURANCE* PERFORMANCE*

alories	20
otal Carbohydrate	5 g
itamin D (as Cholecalciferol)	500 IU
itamin B1 (as Thiamin HCI)	2 mg
lacin (Vitamin B3)	20 mg
itamin B6 (as Pyridoxine HCI)	2 mg
olate (Folic Acid)	200 mcg
itamin B12 (as Cyanocobalamin)	6 mcg
antothenic Acid	10 mg
alcium	40 mg
hosphorus	10 mg
lagnesium	125 mg
odium	140 mg
otassium	220 mg
C.O.XPLODE® MASTER SEFFORMANCE BLEND® Myogenic Matrix Graine Bland Creative Monohydrate, Creative Anhydrov Pepitales (Hydrolyzed Whey Protein Isolate, Creatine Mon	5.1 g ate, Creatine Anhydrol Isolate, Creatine Mon

SUCRALOSE, FD&C RED #40.

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