

PRODUCT #11881

DIRECTIONS: As a dietary supplement, take three (3) capsules before bed. Dosage may be increased as directed by a healthcare practitioner.

Manufactured with all natural fillers, binders and lubricants. This product contains no dairy, wheat, gluten, corn, soy, yeast or sugar. Our products contain organically grown herbs, when available.

Double-sealed for your protection.
Do not use if outer seal is broken or missing.

CAUTION: If you have a medical condition, are planning any medical procedure, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially SSRIs, MAO inhibitors, anti-depressants, sedatives, or drugs for Parkinsons or psychiatric disorders), consult your healthcare professional before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle. Keep out of reach of children.

MANUFACTURED FOR
MICHAEL'S® NATUROPATHIC PROGRAMS
PO BOX 34914
SAN ANTONIO, TEXAS 78265
A Division of Inner Health Group, Inc.

Consumer Information Services
Voice Mail: 800-845-2730

www.michaelshealth.com

❖ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

michael's®
naturopathic programs



sleep factors™

5-HTP • melatonin...

60 vegetarian capsules
vitamin, mineral &
herb supplement

tried & truthful



Supplement Facts

Serving Size: Three (3) Veggie Caps
Servings Per Container: 20

Amount Per Serving	% Daily Value	
Niacin (as Niacinamide)	10 mg	50%
Biotin	50 mcg	17%
Calcium (as Calcium Citrate)	200 mg	20%
Magnesium (as Magnesium Citrate)	200 mg	50%

Proprietary Bend	300 mg	*
Inositol, 5-HTP (5-Hydroxytryptophan) (Griffonia simplicifolia) (Seed), American Skullcap (Aerial Parts) (Scutellaria lateriflora), Hops Flower (Humulus lupulus) and Passionflower (Leaf and Flower) (Passiflora incarnata)		
Melatonin	300 mcg	*

*Daily Value not established.

OTHER INGREDIENTS: Cellulose, Rice Flour, Vegetable Magnesium Stearate and Dicalcium Phosphate.

Made in a GMP facility that processes fish, milk, shellfish, soy and wheat products.

H071415

Scan for more product information.



BEST BY 04/2017
LOT: 504018

