

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Folic Acid 400 mcg	100%

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals

Folic Acid

400 MCG

**Essential
B Vitamin**

**Supports Heart &
Cardiovascular Health***

VEGETARIAN FORMULA
250 TABLETS VITAMIN SUPPLEMENT

Smart Facts

Folic acid is an essential B Vitamin that supports heart health.* In addition, women who consume healthful diets with adequate folic acid may reduce their risk of having a child with birth defects of the brain or spinal cord. Folic acid intake should not exceed 250% of the Daily Value (1,000 mcg).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A DRY PLACE AND AVOID
EXCESSIVE HEAT. TAMPER RESISTANT:
DO NOT USE IF SEAL UNDER CAP IS
BROKEN OR MISSING.



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