

A DIETARY SUPPLEMENT FOR WOMEN AND MEN OF ALL AGES.

DIRECTIONS: TAKE 2 TABLETS IN THE MORNING AND 2 TABLETS IN THE EVENING.

Tablets contain dietary fiber for fast, easy disintegration.

HYPOALLERGENIC | GLUTEN FREE Contains no: sodium, gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminosilicate, dyes or artificial colorings.

Glucosamine & MSM gives you: 1) Increased joint comfort with 2,250 mg of MSM, 150 mg of Curcumin Extract 95%, 85 mg of Boswellia Serrata Extract 65%, 100 mg of Ginger Extract 4:1 and 125 mg organic Ashwagandha* 2) Improved joint flexibility with time-tested phyto-antioxidant herbs and nutrients.* 3) Superior potencies of the nutrients and botanicals that the body uses to create and strengthen healthier joint and ligament tissues.*

WARNING: Contains ginger. If pregnant, consult your health care practitioner before using.

****ALLERGEN NOTICE:** Our glucosamine is derived from shellfish. Persons with a known allergy to shellfish should not use this product.

STORE IN A COOL, DRY PLACE OR FROST-FREE REFRIGERATOR.

Product color and aroma may vary or change over time due to natural ingredients.

*These statements have not been evaluated by the U.S. FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



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SuperNutrition™

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NEW!
IMPROVED FORMULA
LOOK

**Super
Nutrition™**
SINCE 1977

Glucosamine and MSM

SUPERIOR JOINT COMFORT



120 MULTIVITAMIN
TABS MULTIMINERAL
SUPPLEMENT

Supplement Facts

Serving Size 4 Tablets • Servings Per Container 30

	AMOUNT PER SERVING	% DV
VITAMIN C (<i>Ascorbic Acid</i>)	100 MG	167 %
ZINC (<i>Citrate</i>)	10 MG	67 %
SELENIUM (<i>Sodium Selenite</i>)	50 MCG	71 %
MANGANESE (<i>Citrate</i>)	3 MG	150 %

Other Ingredients

No nutritional claims are made for these ingredients.

	AMOUNT PER SERVING	% DV
BORON (<i>From Krebs Cycle Boron</i>)	1 MG	*
GLUCOSAMINE SULFATE** (<i>w/ Potassium Chloride</i>)	1500 MG	*
MSM (<i>Methylsulfonylmethane</i>)	2250 MG	*
BIOPERINE® (<i>Piper nigrum fruit, min 95%</i>)	5 MG	*

MODIFIED AYURVEDIC FORMULA:

ASHWAGANDHA (<i>Organic</i>)	125 MG	*
BOSWELLIA (<i>Boswellia Serrata Ext., 65%</i>)	85 MG	*
CURCUMIN (<i>Curcuma Longa, rhizome, 95% Ext.</i>)	150 MG	*
GINGER RT. (<i>Zingiber officinale rhizome, 4:1 ext.</i>)	100 MG	*

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Stearic Acid, Calcium Silicate

*Daily Value Not Established

Note: Plant cellulose tablet coating contains vanilla flavoring.