

Other Ingredients

No nutritional claims made for these ingredients.

AMOUNT PER SERVING		1 Tab	3 Tabs	%DV
BETAINE (HCl)	MG	33	100	*
BIOFLAVONOIDS (From Citrus)	MG	17	50	*
BORON (From Krebs Cycle Boron)	MG	1	3	*
GLUTAMIC ACID (HCl)	MG	33	100	*
VANADIUM (From Kelp)	MCG	.33	1	*
ORGANIC HERB & WHOLE FOOD BLEND:	MG	100	300	*
Rose Hips, Kale fl., Alfalfa fl., Spirulina fl., Blackberry fl., Blueberry fl., Cherry fl., Pomegranate Seed, Raspberry fl., Strawberry fl.				
OTHER INGREDIENTS: Calcium Silicate, Magnesium Stearate				*

*Daily Value Not Established

Note: Plant cellulose tablet coating contains citrus & vanilla flavoring.

A DIETARY SUPPLEMENT FOR WOMEN AND MEN OF ALL AGES.

Organic Whole Food-Based Tablets



SuperNutrition™

www.SuperNutritionUSA.com

Oakland, CA 94612 | 800.262.2116

*See website for details on Money Back Guarantee

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the U.S. FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: TAKE 1-3 TABLETS DAILY PREFERABLY SPREAD THROUGHOUT THE DAY AFTER MEALS. Tablets are food-based for fast, easy disintegration.

VEGETARIAN | HYPOALLERGENIC GLUTEN FREE Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminosilicate, dyes or artificial colorings.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

STORE IN A COOL, DRY PLACE OR FROST-FREE REFRIGERATOR. Product color and aroma may vary or change over time due to natural ingredients.

***Improved Formula.**
More of the nutrients you want.
See our website.



NEW!
IMPROVED FORMULA*
LOOK

**Super
Nutrition™**
SINCE 1977

Calcium Blend

THE WORLD'S BEST BONE BUILDER

The most comprehensive bone-building formula on the market. Optimal support for bone strength and flexibility.*



**90
TABS** MULTIVITAMIN
MULTIMINERAL
SUPPLEMENT

Supplement Facts

Serving Size 1-3 Tablets

Servings Per Container 30-90

AMOUNT PER SERVING

		1 Tab	% DV	3 Tabs	% DV
VITAMIN C (Ascorbic Acid)	MG	333	556%	1000	1667%
VITAMIN D (Vitamin D3)	IU	667	167%	2000	500%
VITAMIN K1 (Phytonadione)	MCG	27	33%	80	100%
VITAMIN K2 (MK7)	MCG	33	42%	100	125%
FOLIC ACID	MCG	133	33%	400	100%
CALCIUM (Carbonate & Citrate)	MG	417	42%	1250	125%
IRON (Ferrous Carbonyl)*	MG	8	46%	25	139%
IODINE (From Kelp)	MCG	75	50%	225	150%
MAGNESIUM (Oxide & Glycinate)	MG	233	58%	700	175%
ZINC (Oxide & Citrate)	MG	10	67%	30	200%
SELENIUM (Sodium Selenite)	MCG	33	48%	100	143%
COPPER (Glycinate)	MG	0.8	42%	2.5	125%
MANGANESE (Sulfate & Citrate)	MG	3.3	167%	10	500%
CHROMIUM (Polynicotinate & Picolinate)	MCG	67	56%	200	167%
MOLYBDENUM (Trioxide)	MCG	50	67%	150	200%
POTASSIUM (Chloride & Succinate)	MG	33	1%	99	3%

*Iron pre-coated to prevent interaction with Calcium and other nutrients.