

5 Billion Probiotics Per Serving

Enhanced with the beneficial probiotic *Bacillus coagulans* unique IS-2 to support optimal digestive health*

PREMIUM SUPERFOODS CONSCIOUS SOURCING

Boost Your Smoothie & Every Meal With Pre & Probiotics Fiber, Fruits & Omega-3 Superseeds

Organic traditions®

PROBIOTIC SUPERFOOD SMOOTHIE MIX DECADENT CHOCOLATE COCONUT

Also Makes a Great Topper for Breakfast, Lunch and Dinner

PROVIDES 823MG OF OMEGA 3 FATTY ACIDS PER SERVING

A GOOD SOURCE OF FIBER AND MANGANESE

SUPPORTS OPTIMAL DIGESTIVE HEALTH*

**COLD MILLED CHIA
COLD MILLED FLAX
HEMP HEARTS • CACAO POWDER
COCONUT • ACACIA • PROBIOTICS
MONK FRUIT • CINNAMON**

Pre + Probiotics = Synbiotics
A Synbiotic Superfood Blend with both Prebiotic Acacia and *Bacillus coagulans* unique IS-2

**DIETARY SUPPLEMENT
NET WT. 7 oz (200 g)**



VEGAN • PALEO • GLUTEN FREE

Enhance your favorite smoothie recipe and boost your nutrition at every meal. Tastes great in both sweet and savory dishes. So delicious, can be eaten right out of the bag.

BREAKFAST: Add to water, coconut water, your favorite juice, coffee, tea, smoothies, shakes, yogurt, apple sauce, hot or cold cereal, oatmeal, porridge, granola, berries, pancakes, muffins, scrambled eggs, omelettes and more.

LUNCH & DINNER: Add to salads, salad dressings, soups, stir-fry, sandwiches, wraps, dips, guacamole, hummus, quinoa, rice and pasta dishes, bean salads, casseroles, stuffing, curry, baked potatoes, all desserts: puddings, apple sauce, baked goods, raw superfood truffles and more.

Beyond Raw Chia & Flax Better Safety Assured™

Organic Traditions raw seeds are treated with food grade, organic sanitizer to ensure better food safety without altering taste or texture.

Supplement Facts

Serving Size 10 g (1 tbsp.)
Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	50	^
Calories from Fat	30	^
Total Fat	3.5g	5%
Saturated	1.5g	8%
Polysaturated	1.5g	^
Sodium	5mg	1%
Potassium	40mg	1%
Total Carbohydrate	3g	1%
Fiber	3g	12%
Protein	2g	^
Calcium	34.7mg	4%
Iron	0.621mg	4%
Thiamine	0.038mg	2%
Vitamin B6	0.022mg	2%
Phosphorus	41.03mg	4%
Magnesium	27.01mg	6%
Zinc	0.49mg	4%
Selenium	2.1µg	2%
Copper	0.095mg	4%
Manganese	0.2mg	10%
Omega-3 Fatty Acids	0.823g	^

^ Percent Daily Values are based on a 2000 calorie diet
^ Daily Value (DV) not established



Ingredients:

Organic Cold Milled Chia Seeds, Organic Shredded Coconut, Organic Cold Milled Flax Seeds, Organic Acacia Gum, Organic Coconut Palm Sugar, Organic Hemp Seeds, Monk Fruit Extract with Sythrid, Organic Cacao Powder, Organic Vanilla Flavors, Organic Cinnamon Powder Extract, *Bacillus coagulans* unique IS-2, Organic Salt.

Produced in a facility that processes tree nuts. May contain tree nuts. Caution: As with any dietary supplement, you should consult your healthcare practitioner if you are nursing, pregnant, or considering pregnancy you should consult your healthcare practitioner prior to using this product. Dietary supplements should not be employed for a varied and balanced diet, and a healthy lifestyle. Don't exceed the recommended daily usage. Keep out of reach of children. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contains an oxygen absorber. Do not consume.
Store in a cool and dry place.
For optimal freshness, product may be refrigerated after opening.

PROBIOTIC SUPERFOOD SMOOTHIE MIX DECADENT CHOCOLATE COCONUT

Organic Traditions® Probiotic Superfood Smoothie Mix is a powerful combination of Certified Organic cold milled chia and flax seeds, hemp hearts, cacao powder, shredded coconut, acacia, cinnamon powder extract as well as beneficial probiotics. Incredible gluten free super seeds, chia, flax and hemp provide a source of fiber, vitamins, minerals, antioxidants and beneficial plant-based Omega-3. These mild, nutty seeds are a fast and simple way to enhance your daily diet with an extra boost of fiber and dense superfood nutrition. Enjoy balanced nutrition along with 5 billion beneficial probiotics per 1 tbsp. serving for optimal digestive health.* The premium probiotic strain *Bacillus coagulans* unique IS-2 has excellent survivability, stability, safety and efficacy. It survives stomach acidity, does not require refrigeration and can be added to both hot and cold drinks and recipes. The addition of Acacia Gum prebiotic fiber makes this an all-in-one pre and probiotic superfood blend known as a synbiotic. There are no fillers, additives, preservatives, colors or cane sugar. The concept is simple: delicious and nourishing superfoods. Enhance your favorite smoothie recipe or add to water, coconut water, juice, coffee, tea, shakes, yogurt, cereal, oatmeal, porridge, berries, pudding, apple sauce, pancakes, breads, baked goods, salads, soups, wraps, stir-fry, quinoa, rice and pasta dishes, raw superfood desserts and more!



Organic Nutrition From Around The World

At Organic Traditions we provide nutrient dense superfoods from many healing traditions. We are committed to supporting farmers who are dedicated to the principles of sustainable and fair trade agriculture. Now more than ever we need to nourish ourselves with superfoods, herbs, seeds and fruits packed with the nutrition needed to support the challenges that come with living in a fast paced world. Be adventurous. These superfoods are versatile. Incorporate them into recipes in any creative way you see fit. At every meal you have the opportunity to choose dense nutrition. Food is powerful. Make choices for a better you and a better planet.



Manufactured and Distributed by: Health Matters America Inc.

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