

What is Pro Performance® AMP Endurance Vitapak® Program?

The power to endure intense physical training and extreme cardiovascular sessions requires absolute fine-tuning of your sports nutrition regimen to enable the body to perform at peak levels. The most perfectly trained athletes know that you must have an effective, targeted and balanced nutrition regimen to achieve maximum training benefits. GNC Scientists have created the breakthrough Pro Performance® AMP Endurance Vitapak® Program. The unparalleled power of over 50 premium, athletic-boosting ingredients combine together to amplify physical and mental intensity, delivering a total performance boost of 20%.¹ This powerful combination of a daily premium multivitamin, sports nutrients and clinically studied ingredients delivers the edge athletes want to perform.

The Pro Performance® AMP Endurance Vitapak® Program Evolution

Driving this elite performance breakthrough is a mechanism that supports enhanced blood flow and oxygen uptake at the most critical time during training – at the onset of fatigue. Using an unmatched clinically proven module, it unleashes a 20% boost in workout intensity.¹ Most athletes today are not combining the proper combinations and ratios of critical sports nutrition. This system, used by elite runners, cyclists and other hardcore athletes, delivers precisely what muscles need to fuel difficult training, help your body recover and prepare to do it again. This exclusive nutrient system amplifies total muscle performance, increases intensity at the onset of fatigue, fuels cardio training, improves performance and ramps up energy production.*

Mega Men® Sport – This high-potency clinically studied² sports multivitamin formula includes critical components to fill important nutrient gaps in regular supplementation programs. Mega Men® Sport contains B-vitamins that are important for energy production and carbohydrate metabolism.* It provides amino acids, including BCAA, and a joint cushioning blend for healthy joint cartilage.* Also features a broad spectrum of cell-protecting antioxidants and nutrients that aid in boosting immunity.*

Energy Enhancer N.O. – This advanced nitric oxide product provides 1.5g of micronized arginine and is included to help increase your power output at the onset of fatigue 20%.¹ It's clinically studied and designed to enhance blood flow and amplify your intense workouts.* Technologically enhanced for better absorption to maximize muscle performance capacity and give your body the push it needs to go above and beyond your regular workouts.

Thermo Igniter 12X – Push your performance to higher levels, increase energy and speed up metabolism.* This clinically proven, proprietary thermogenic blend has been shown to help you burn 12 times more calories* and increase your metabolism before, during and after exercise. In addition, just one capsule supports improved endurance and performance to help your body work longer and harder than ever before.

Yohimbe 451 – Features 451mg of pure standardized yohimbe bark extract for maximized benefits.

¹In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamins and antioxidant status, as well as improvements in SF-36 Vitality and Mental health scores compared to those taking a placebo.

²In a randomized, double blind, placebo controlled study, 50 healthy untrained male volunteers were given Energy Enhancer N.O. or a placebo. Each subject exercised on a cycle ergometer prior to receiving the supplement or placebo and again after the treatment period was finished. Those subjects supplemented with Energy Enhancer N.O. had a 20% increase in PWCF (physical working capacity at the fatigue threshold) after four weeks of supplementation relative to the placebo group.

³In a double blind, randomized, placebo controlled cross-over study, 25 subjects exercised on a treadmill on two occasions. On one occasion the subjects took Thermo Igniter 12x and on the second occasion, they took a placebo. When the subjects took Thermo Igniter 12x, they burned three times more calories before, 3% more calories during and 12 times more calories for up to one hour after exercise compared to when they took the placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PRO PERFORMANCE
AMP
ADVANCED MUSCLE PERFORMANCE

MEGA MEN POWERED
ENDURANCE
VITAPAK® PROGRAM

Dietary supplement

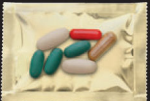
ADVANCED SPORTS VITAMIN SYSTEM TO AMPLIFY
ENDURANCE WITH OVER 50 POWERFUL INGREDIENTS*

- Features GNC's Highest-Potency Sports Multivitamin to Fuel Endurance Training*
- Supports Enhanced Blood Flow and Oxygen Uptake to Increase Intensity 20% at the Onset of Fatigue¹
- Ignites Mental and Physical Intensity to Help Power Through Training*
- With 451mg of Pure Standardized Yohimbe Bark Extract for Maximized Benefits



Endurance Energy Stamina

Clinically Researched*



30 PAKS

CODE 331311

DIRECTIONS: As a dietary supplement, take the contents of one pak 30-60 minutes pre-workout. On non-training days, take the contents of one pak first thing in the morning with food. Do not exceed one pak daily.

Each pak contains:

Mega Men® Sport (FULL STRENGTH)

Supplement Facts

Serving Size Two Brown Caplets	
Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 500%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytanadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 8333%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	200 mg 20%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Chloride (as Potassium Chloride)	72 mg 2%
Potassium (as Potassium Chloride)	80 mg 2%
Branched Chain Amino Acid Blend L-Valine, L-Leucine, L-Isoleucine	150 mg *
Creatine Precursor Blend Guandinocetic Acid, Glycine, L-Methionine	100 mg *
Sports Blend Green Tea Leaves Extract (Camellia sinensis), L-Glutamine, L-Taurine, beta-Alanine, L-Carnitine	50 mg *
Joint Cushion Support Blend MSM (Methylsulfonyl-methane), Collagen, Hyaluronic Acid (HA)	50 mg *
alpha-Lipoic Acid	25 mg *
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lutemax 2020™ Lutein	950 mcg *
Lycopene	950 mcg *
Zeaxanthin	190 mcg *
Astaxanthin	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

*Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

ACTUAL SIZE

Lutemax 2020™
Lutemax 2020™ is a trademark of OmniActive Health Technologies.

MegaNatural®-BP™ and its logo are trademarks of Constellation Wines U.S., Inc.

Capsimax™ Capsimax™ is a trademark of OmniActive Health Technologies.

WARNING: Use only as directed. Do not exceed recommended daily intake. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, allergic or contraindicated to aspirin, or have a medical condition. Discontinue use two weeks prior to surgery, or if upset stomach occurs.

No Wheat, No Gluten, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For more information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

Energy Enhancer N.O.

Supplement Facts

Serving Size Three Green Tablets	
Amount Per Serving	% Daily Value
Niacin	10 mg 50%
Micronized L-Arginine	1500 mg
MegaNatural®-BP™ Grape Seed Extract	300 mg
PEG (Polyethylene Glycol)	150 mg

* Daily Value not established.

Thermo Igniter 12X

Supplement Facts

Serving Size One Red Capsule	
Amount Per Serving	% Daily Value
Niacin	20 mg 100%
Proprietary Thermogenic Blend Caffeine Anhydrous, Capsimax™ Capsicum Fruit Extract, Bioperine® Black Pepper Extract	238.34 mg *

* Daily Value not established.

Yohimbe 451

Supplement Facts

Serving Size One Brown Capsule	
Amount Per Serving	% Daily Value
Yohimbe Bark Extract (Pausinystalia yohimbe)(2% Yohimbine Alkaloid = 9 mg)	451 mg *

* Daily Value not established.

Other Ingredients: Calcium Carbonate, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid), Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Sodium Copper Chlorophyllin.

ACTUAL SIZE

Other Ingredients: Cellulose, Gelatin, Titanium Dioxide (Natural Mineral Whitener), Artificial Colors (FD&C Blue#1, FD&C Red #40).

Total caffeine per serving is 200 mg.

ACTUAL SIZE

Other Ingredients: Gelatin, Cellulose.

ACTUAL SIZE

To maximize total endurance and energy support, use with:

- Amplified Endurance Booster – loaded with electrolytes, carbohydrates and BCAA to replenish glycogen stores fast*
- Amplified 100% Whey Protein – with fast-absorbing protein to fuel your training*

GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!