

BODYTECH®

ELECTROLYTE FIZZ™

LEMON LIME

ENERGIZING DRINK MIX

1 PACKET 0.23 oz. (6.5 g) • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Packet (6.5 g)

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3 g	<2%†
Sugars	2.5 g	*
Vitamin C (as ascorbic acid)	1200 mg	2000%
Thiamin (Vitamin B1) (as thiamin HCl)	450 mcg	30%
Riboflavin (Vitamin B2)	1 mg	59%
Niacin	5 mg	25%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Folic Acid	20 mcg	5%
Vitamin B12 (as cyanocobalamin)	30 mcg	500%
Pantothenic Acid (as d-calcium pantothenate)	3 mg	30%
Calcium (as calcium lactate)	60 mg	6%
Magnesium (as magnesium oxide & ConcenTrace®)	100 mg	25%
Zinc (as zinc oxide)	3 mg	20%
Selenium (as sodium selenite)	35 mcg	50%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as amino acid chelate)	10 mcg	8%
Chloride (from ConcenTrace®)	18 mg	<2%
Sodium	150 mg	6%
Potassium (as potassium citrate & ConcenTrace®)	200 mg	6%
ConcenTrace® (special electrolyte trace mineral blend)	100 mg	*
Alpha Lipolic Acid	1 mg	*
Boron (as amino acid chelate)	175 mcg	*

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

DIRECTIONS: As a dietary supplement, take one (1) packet up to four (4) times daily (depending upon your level of activity). Mix each packet with 4-6 ounces of water.

Distributed by : Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.bodytech.com
or call 1-800-223-1216
for more information and to order.

Other Ingredients: Fructose, citric acid, sodium bicarbonate, stevia leaf extract, natural lemonade flavor, lime juice solids. Plus over 72 naturally occurring trace minerals and elements from ConcenTrace®.

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