

BARLEAN'S HIGH POTENCY FISH OIL  
SWIRL HAS THE TASTE AND TEXTURE  
OF A FRUIT SMOOTHIE!

With over 1,850 mg of Omega-3 per serving, everyone can enjoy the benefits of a super-charged dose of Omega-3 without any fishy taste or oily texture.

- Proprietary Amplified Absorption™‡ Emulsification Technology
- Made with Barlean's Premium Fresh Catch® Natural Triglyceride Fish Oil
- 1,500 mg of EPA/DHA Per Serving
- No Artificial Flavors or Colors
- No Sugar: Naturally Sweetened with Xylitol
- Gluten free, Non-GMO

#### ‡ AMPLIFIED ABSORPTION™

Barlean's proprietary emulsification technology is designed to boost absorption and deliver significantly more nutritional value than standard supplements.

**PURITY GUARANTEED:** Third party laboratory tested - free of harmful environmental contaminants.

**SUGGESTED USE:** 1 Tbsp daily. Can be taken straight or mixed into juice, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality.

**SHAKE WELL.** Keep out of reach of children. Do not give to pets.

FROM OUR FAMILY TO YOURS



FRESHNESS DATING



ESTD 1989

BARLEAN'S

PATHWAY TO A BETTER LIFE

Omega Swirl

ULTRA HIGH POTENCY

FISH OIL

SUPPLEMENT

EPA/DHA 1,500 mg  
PER SERVING

Smoothie Taste  
and Texture

One Tablespoon a Day



PASSION PINEAPPLE

NET WT. 16 oz / 454 g

## Supplement Facts

Serving Size 1 Tbsp (15 mL)  
Servings Per Container 29

|                     | Amount Per Serving | % Daily Value |
|---------------------|--------------------|---------------|
| Calories            | 70                 |               |
| Calories from Fat   | 50                 |               |
| Total Fat           | 5 g                | 8%*           |
| Saturated Fat       | 1.5 g              | 8%*           |
| Trans Fat           | 0 g                | †             |
| Polyunsaturated Fat | 2 g                | †             |
| Monounsaturated Fat | 1 g                | †             |
| Cholesterol         | 35 mg              | 12%           |
| Total Carbohydrate  | 5 g                | 2%*           |
| Vitamin E           | 6 IU               | 20%           |

#### Omega-3 Polyunsaturated Fat:

|                             |        |   |
|-----------------------------|--------|---|
| Eicosapentaenoic Acid (EPA) | 910 mg | † |
| Docosahexaenoic Acid (DHA)  | 590 mg | † |
| Other Omega-3 Fatty Acids   | 370 mg | † |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**INGREDIENTS:** Fish oil (Anchovy, Sardine and/or Mackerel), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, lycopene and beta carotene, guar gum, antioxidant blend (Vitamin E (as d-alpha tocopherol), canola oil, rosemary extract, and ascorbyl palmitate), and sorbic acid.

LEARN MORE ABOUT A PATHWAY  
TO A BETTER LIFE:

barleans.com • 800/445-3529

Barlean's Ferndale, WA 98248



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