

OMEGA SWIRL IS AN OMEGA-3 SENSATION!

With more than 2,900 mg of vegan Omega-3 per serving, everyone can enjoy the benefits of a super-efficient dose of Omega-3 nutrition without any oily taste and texture or large capsules. It's the perfect plant-based Omega-3 solution!

- **Proprietary Amplified Absorption™**† Emulsification Technology
- **No Artificial Flavors or Colors**
- **No Sugar:** Naturally Sweetened with Xylitol
- **Delicious Fruit Smoothie Taste & Texture**
- **Gluten Free, Non-GMO**

† AMPLIFIED ABSORPTION™

Barlean's proprietary emulsification technology is designed to boost absorption and deliver significantly more nutritional value than standard supplements.

SUGGESTED USE: 1 – 2 Tbsp daily. Child's dosage (4 yrs. and older): 1 Tbsp. Can be taken straight or mixed into juice, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality.

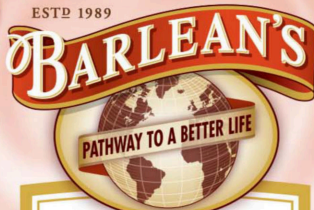
SHAKE WELL. Keep out of reach of children. Do not give to pets.



FRESHNESS DATING



ESTD 1989



Omega Swirl

FLAX OIL SUPPLEMENT

VEGAN OMEGA-3 FORMULA

Smoothie Taste
and Texture

One Tablespoon a Day



STRAWBERRY
BANANA

NET WT. 8 oz / 227 g

Supplement Facts

Serving Size 1 Tbsp (15 mL)
Servings Per Container 14

	Amount Per Serving	% Daily Value
Calories	60	
Calories from Fat	45	
Total Fat	5 g	8%*
Saturated Fat	0 g	2%*
Trans Fat	0 g	†
Polysaturated Fat	4 g	†
Monounsaturated Fat	1 g	†
Total Carbohydrate	5 g	2%*

Omega-3 Polysaturated Fat:

Alpha Linolenic Acid (LNA) 2968 mg †

Omega-6 Polysaturated Fat:

Linoleic Acid (LA) 739 mg †

Omega-9 Monounsaturated Fat:

Oleic Acid 864 mg †

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Flaxseed oil, water, xylitol, glycerine, gum arabic, natural flavors, vegetable juice, citric acid, xanthan gum, guar gum, sorbic acid, and ascorbyl palmitate.

LEARN MORE ABOUT A PATHWAY TO A BETTER LIFE:

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Barlean's Ferndale, WA 98248



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