

ITEM #5205
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Grapefruit Pectin

1000 mg

For Healthy Lifestyles

ACTUAL
SIZE

Soluble Dietary Fiber Supplement

120 TABLETS



Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Soluble Fiber	1 g	**
Grapefruit Pectin	3,000 mg (3 g)	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.

No Gluten, **No** Yeast, **No** Wheat,
No Milk or Milk Derivatives, **No** Lactose,
No Soy, **No** Egg, **No** Corn, **No** Fish,
No Sweetener, **No** Sugar, **No** Starch,
No Preservatives, **No** Artificial Color,
No Artificial Flavor, **No** Sodium.

Directions: For adults, take three (3) tablets three times daily with meals. Take with 8 ounces (one cup) of water or other liquid.

Grapefruit Pectin is a natural source of soluble dietary fiber. Fiber from Grapefruit Pectin is an important nutrient to include as part of an overall healthy lifestyle plan.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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