

ITEM #4290
B53076 131



Chelated Calcium Magnesium Zinc

Promotes Bone Health*

ACTUAL
SIZE

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 3 Tablets

Servings Per Container 33

Amount Per Serving	%Daily Value
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Total Carbohydrate	<1 g	<1%**
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Dietary Fiber	<1 g	2%**
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Calcium (as Calcium Carbonate and Calcium Gluconate)	1,000 mg (1 g)	100%
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Magnesium (as Magnesium Oxide and Magnesium Gluconate)	400 mg	100%
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Zinc (as Zinc Oxide and Zinc Citrate)	25 mg	167%
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**Percent Daily Values are based on a
2,000 calorie diet.

Other Ingredients: Vegetable Cellulose.
Contains <2% of: Titanium Dioxide Color,
Vegetable Magnesium Stearate.

**No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives, No Lactose,
No Soy, No Egg, No Grapefruit, No Fish,
No Sweetener, No Sugar, No Starch,
No Preservatives, No Artificial Flavor,
No Sodium.**

Directions: For adults, take three (3) tablets
daily, preferably with a meal.

Calcium is the primary mineral responsible
for strong bones.* Because the body cannot
produce Calcium, a balanced diet, regular
exercise, healthy lifestyle choices and
adequate intake of Calcium can play a role in
maintaining bone health.* Calcium and
Magnesium play essential roles in maintaining
proper bone mineralization.* Calcium and
Magnesium are also involved in muscle
contractions and nerve impulses.* Zinc is
essential for cell division and growth.*

WARNING: If you are pregnant, nursing, taking any
medications or have any medical condition, consult your
doctor before use. Discontinue use and consult your doctor
if any adverse reactions occur. Keep out of reach of children.
Store at room temperature. Do not use if seal under cap is
broken or missing.

***These statements have not been evaluated
by the FDA. This product is not intended to
diagnose, treat, cure or prevent any disease.**

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