

ITEM #5145
B5145 09H



ACTUAL SIZE



Natural Whole Herb ♦

Ginger Root

550 mg

Promotes Digestive Health*

Helps with
Occasional Motion Sickness*

Dietary Supplement

100 CAPSULES



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Ginger	550 mg **
(Zingiber officinale) (root)	

**Daily Value not established.

Other Ingredients: Gelatin.
Contains <2% of: Silica,
Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg,
No Corn, No Grapefruit, No Fish,
No Sweetener, No Sugar,
No Starch, No Preservatives,
No Artificial Color, No Artificial
Flavor, No Sodium.

***These statements have not been
evaluated by the FDA. This product is
not intended to diagnose, treat, cure
or prevent any disease.**

Directions: For adults, take one (1)
capsule twice daily, preferably with
meals.

**The active constituents in Ginger
promote digestive health and help
with occasional motion sickness.***

Good 'N Natural's Guarantee: We only
use the finest quality herbs and spices.
Each is screened and finely milled for
quick release.

Good 'N Natural's preservative-free
gelatin capsules contain pure milled
herb powder.

♦**Good 'N Natural's Natural Whole
Herb products utilize ground plant
parts to provide the natural
components in the amounts found in
nature.**

WARNING: If you are pregnant, nursing, taking any
medications or have any medical condition, consult your
doctor before use. Discontinue use and consult your doctor
if any adverse reactions occur. Keep out of reach of children.
Store at room temperature. Do not use if seal under cap is
broken or missing.

Manufactured by
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