

ITEM #4945
B4945 07E



Chitosan

Natural Marine Fiber

500 mg

Use As Part Of Your Diet Program

ACTUAL
SIZE

Dietary Supplement

120 TABLETS



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	%Daily Value	
Calories	5	
Total Carbohydrate	1 g	<1%**
Dietary Fiber	1 g	4%**
Calcium	200 mg	20%
Phosphorus	155 mg	16%
Chitosan	1,000 mg (1 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose. **Contains <2% of:** Natural Palm Leaf Glaze, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains shellfish (crab) ingredients.

No Gluten, **No** Yeast, **No** Wheat, **No** Milk or Milk Derivatives, **No** Lactose, **No** Soy, **No** Egg, **No** Corn, **No** Grapefruit, **No** Sweetener, **No** Sugar, **No** Starch, **No** Preservatives, **No** Artificial Color, **No** Artificial Flavor, **No** Sodium.

Directions: For adults, take two (2) tablets three times daily, 30-60 minutes before breakfast, lunch and dinner with 8 ounces of water.

Chitosan is a dietary fiber, derived from crustacean shell. Chitosan contributes to daily fiber intake.* Use this product as an addition to your reduced-calorie diet and daily exercise program. It is important to drink at least 6-8 cups of water daily when increasing your fiber intake.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

***This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured by
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