

ITEM #4140
B4140 07H



L-Carnitine

250 mg

**Essential
Nutrient**

Dietary Supplement

30 CAPSULES



www.GOODNNATURAL.com

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
L-Carnitine (as L-Carnitine Fumarate)	250 mg *

*Daily Value not established.

Other Ingredients: Gelatin, Rice Flour.
Contains <2% of: Silica, Vegetable
Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk
or Milk Derivatives, No Lactose, No Soy,
No Egg, No Corn, No Grapefruit, No Fish,
No Sweetener, No Sugar, No Preservatives,
No Artificial Color, No Artificial Flavor,
No Sodium.

Directions: For adults, take one
(1) capsule up to four times daily,
preferably on an empty stomach.

Carnitine is a nitrogen-
containing compound naturally
found throughout the body,
including the heart, muscles
and brain.

WARNING: If you are pregnant, nursing,
taking any medications or have any medical
condition, consult your doctor before use.
Discontinue use and consult your doctor if
any adverse reactions occur. Keep out of
reach of children. Store at room temperature.
Do not use if seal under cap is broken or
missing.

Manufactured by
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ACTUAL SIZE