

ITEM #18520
B52364 03B



Omega 3-6-9

**Flax, Fish and Borage Oils
with Evening Primrose Oil**

Cardiovascular Formula*

Promotes Skin and Joint Health*

Dietary Supplement

**120 RAPID RELEASE
SOFTGELS**



ACTUAL SIZE

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	0.5 g	***
Monounsaturated Fat	0 g	***
Cholesterol	<5 mg	1%
Essential Oils Proprietary Blend	1,000 mg (1 g)	***
(Organic Flaxseed Oil, Fish Oil, Evening Primrose Oil, Borage Seed Oil)		***
Typical Fatty Acid Profile:		
Omega-3		***
374 mg of Total Omega-3 Fatty Acids comprising of:		***
Eicosapentaenoic Acid (EPA)		***
Docosahexaenoic Acid (DHA)		***
Alpha Linolenic Acid (ALA)		***
Other Fatty Acids		***
Omega-6		***
98 mg of Total Omega-6 Fatty Acids comprising of:		***
Linoleic Acid		***
Gamma Linolenic Acid (GLA)		***
Omega-9		***
78 mg of Total Omega-9 Fatty Acids comprising of:		***
Oleic Acid		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) softgel three to six times daily, preferably with a meal.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Grapefruit, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Flaxseed Oil is just one of the main ingredients that make up Omega 3-6-9, a harmonious blend of oils designed to help provide nutrients for the well-being of the body.* In addition to our organic Flaxseed Oil, Omega 3-6-9 contains Borage and Evening Primrose Oils, sources of gamma-linolenic acid (GLA), plus Fish Oil, a source of the Omega-3 fatty acids, Eicosapentaenoic and Docosahexaenoic (EPA & DHA). EPA helps maintain healthy circulation.* These oils provide diverse benefits for your overall health.*

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Guaranteed Purity

The fish oil used in this formula is molecularly distilled to remove Mercury.

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