

ITEM #3970
B6925 081



ACTUAL
SIZE

GOOD 'N NATURAL

**KLB6
Grapefruit
Diet® Plan**
with Glucomannan
Supports a Healthy Lifestyle*
3 Formulas in 1
See Enclosed Diet Plan



Dietary Supplement
100 Tablets
Vegetarian/Vegan Formula

Supplement Facts

Serving Size 4 Tablets
Servings Per Container 25

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%**
Dietary Fiber	2 g	6%**
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg	1,000%
Sodium	25 mg	1%
Glucomannan	800 mg	***
(<i>Amorphophallus konjac</i>) (root)		
Soy Lecithin	200 mg	***
Grapefruit Extract (<i>Citrus x paradisi</i>) (seed)	100 mg	***
(an 8:1 Extract) (Equivalent to 800 mg of Grapefruit)		
Apple Cider Vinegar	80 mg	***
Kelp	75 mg	***
Uva Ursi (<i>Arctostaphylos uva-ursi</i>) (leaf)	25 mg	***
L-Phenylalanine	25 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Vegetable Stearic Acid. **Contains <2% of:** Povidone, Silica, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Fish, No Sweetener, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor.

Directions: For adults, take two (2) to four (4) tablets with at least 8 ounces of water or other fluid 15 minutes before each meal. Taking this product without enough liquid may cause choking. Do not take immediately before going to bed. **This product should be used with a reduced calorie diet and daily exercise program.** It is important to check with your healthcare practitioner before beginning any diet and exercise program.

KLB6 Grapefruit Diet® Plan is an excellent supplement to support a reduced-calorie diet and exercise program. Key ingredient highlights in this exclusive formula include Glucomannan, a soluble fiber, Vitamin B-6 to support the metabolism of carbohydrates and energy, plus Grapefruit extract, which provides additional synergistic benefits.* This time-tested formula is specially developed for those individuals looking to support a healthy lifestyle.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NOTE: Take KLB6 Grapefruit Diet® as directed and follow the diet plan supplied.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

NOTE: Fiber products can affect the absorption of many medications. Do not take this product within 2 hours of taking medications or follow the advice of your health care provider.



Manufactured by Good 'N Natural Manufacturing Corp., Ronkonkoma, NY 11779 USA
800-544-0095 www.GOODNNATURAL.com © 2014 Good 'N Natural Manufacturing Corp.