

ITEM #6191
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ACTUAL
SIZE



Iron Free

Green Source®

Multi Vitamin Complex

Supports Heart, Bone, Immune, Skin Health & More*

Specially Formulated with Probiotics & Green Foods

Dietary Supplement

60 TABLETS



Supplement Facts

Serving Size 3 Tablets
Servings Per Container 20

Amount Per Serving	%Daily Value
Calories	5
Total Carbohydrate	2 g 1%**
Dietary Fiber	1 g 4%**
Vitamin A (as Beta-Carotene)	2,500 IU 50%
Vitamin C (as Ascorbic Acid)	120 mg 200%
Vitamin D (as Ergocalciferol)	2,000 IU 500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	25 mg 1,667%
Riboflavin (Vitamin B-2)	25 mg 1,471%
Niacin (as Niacinamide)	25 mg 125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1,250%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	500 mcg 8,333%
Biotin (as d-Biotin)	1,000 mcg 333%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 300%
Calcium (as Calcium Carbonate)	50 mg 5%
Iodine (from Kelp)	150 mcg 100%

Amount Per Serving	%Daily Value
Magnesium (as Magnesium Oxide)	25 mg 6%
Zinc (as Zinc Picolinate)	10 mg 67%
Selenium (as L-Selenomethionine)	25 mcg 36%
Copper (as Cupric Gluconate)	0.5 mg 25%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	100 mcg 83%
Molybdenum (as Sodium Molybdate)	51 mcg 68%
Sodium	10 mg <1%
Potassium (as Potassium Gluconate)	30 mg 1%
Choline (as Choline Bitartrate)	10 mg ***
Inositol	10 mg ***
Boron (as Sodium Borate)	1 mg ***
DNA (Deoxyribonucleic Acid)	1 mg ***
RNA (Ribonucleic Acid)	1 mg ***
Lutein	10 mcg ***
Flaxseed (Contains Omega-3 12 mg and Omega-6 4 mg)	100 mg ***
Citrus Bio Complex (Citrus Bioflavonoid Complex (Citrus spp.) (peel), Hesperidin Complex (Citrus spp.) (peel), Rutin, Quercetin)	50 mg ***
Proprietary Enzyme Blend (Papain (Papaya Enzyme), Betaine Hydrochloride, Bromelain (from Pineapple), Amylase)	50 mg ***

Amount Per Serving	%Daily Value
Proprietary Probiotic Blend (L. acidophilus, L. brevis, L. bulgaricus)	25 mg ***
Proprietary Green and Whole Food Blend (Chlorella (Chlorella vulgaris) (plant), Apple Pectin (fruit), Spirulina (Spirulina platensis) (plant), Sodium Copper Chlorophyllin)	500 mg ***
Proprietary Herb Blend (Garlic (Allium sativum) (bulb), Echinacea (Echinacea purpurea) (aerial), Ginger (Zingiber officinale) (root), Milk Thistle Extract (Silybum mari- anum) (seed), Cayenne (Capsicum spp.) (fruit), Goldenseal (Hydrastis canadensis) (root))	100 mg ***
Proprietary Vegetable Blend (Broccoli, Extracts of Cabbage, Brussels Sprout and Cauliflower, Parsley Powder, Beet Root Powder, Carrot Powder, Asparagus Powder)	100 mg ***
Proprietary Fruit Blend (Grapefruit Extract, Apple Powder (Malus pumila) (fruit), Peach (fruit), Strawberry (Fragaria virginiana) (fruit), Acai Extract (Euterpe oleracea) (fruit), Cranberry (Vaccinium macrocarpon) (fruit), Bilberry Extract (Vaccinium myrtillus) (fruit), Pomegranate Extract (Punica granatum) (peel), Pineapple (Ananas comosus) (fruit), Noni Powder (Morinda citrifolia) (fruit))	100 mg ***
Proprietary Mushroom Blend (Shiitake (Lentinus edodes) (aerial), Maitake (Gifolia frondosa) (aerial), Reishi (Ganoderma lucidum) (aerial))	50 mg ***

**Percent Daily Values are based on a 2,000
calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica. **Contains <2% of:** Vegetable Magnesium Stearate, Vegetable Stearic Acid.

No Gluten, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Fish, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor.

***This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Directions: For adults, take three (3) tablets daily, preferably with a meal.

Green Source® Iron Free was developed for those individuals who do not need to supplement their diet with extra Iron, but who still want the nutritional benefits provided by this carefully blended formulation. This comprehensive formula provides essential vitamins and minerals, enzymes, herbs and plant-based oils. It also provides naturally occurring active constituents of green food concentrates.

Color may vary due to natural ingredients.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to sunflowers, ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store unopened container at room temperature. Do not use if seal under cap is broken or missing.

Refrigerate after opening.

Manufactured by
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