

Sundown
Naturals®

Complete Daily

with Iron

100% of the Daily Values
for many
Vitamins and Minerals

90 CAPLETS VITAMIN SUPPLEMENT

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Acetate and 40% (2,000 IU) as Beta-Carotene)	5,000 IU 100%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin C (as Ascorbic Acid)	120 mg 200%	Magnesium (as Magnesium Oxide)	100 mg 25%
Vitamin D (as Cholecalciferol)	400 IU 100%	Zinc (as Zinc Oxide)	15 mg 100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	45 IU 150%	Selenium (as Sodium Selenate)	70 mcg 100%
Vitamin K (as Phytonadione)	25 mcg 31%	Copper (as Cupric Oxide)	2 mg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.9 mg 127%	Manganese (as Manganese Sulfate)	2.5 mg 125%
Riboflavin (Vitamin B-2)	2.1 mg 124%	Chromium (as Chromium Chloride)	120 mcg 100%
Niacin (as Niacinamide)	25 mg 125%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Vitamin B-6 (as Pyridoxine HCl)	2.5 mg 125%	Chloride (as Potassium Chloride)	75 mg 2%
Folic Acid	400 mcg 100%	Potassium (as Potassium Chloride)	80 mg 2%
Vitamin B-12 (as Cyanocobalamin)	7.5 mcg 125%	Lutein	300 mcg **
Biotin	37.5 mcg 13%	Citrus Bioflavonoids	25 mg **
Pantothenic Acid (as d-Calcium Pantothenate)	12.5 mg 125%	Nickel (as Nickel Sulfate)	5 mcg **
Calcium (as Dicalcium Phosphate and Calcium Carbonate)	162 mg 16%	Tin (as Stannous Chloride)	10 mcg **
Iron (as Carbonyl Iron)	18 mg 100%	Silicon (as Silicon Dioxide)	2 mg **
Phosphorus (as Dicalcium Phosphate)	77 mg 8%	Vanadium (as Sodium Metavanadate)	10 mcg **
		Boron (as Sodium Borate and Potassium Borate)	150 mcg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** FD&C Blue No. 2 Lake, FD&C Yellow No. 5 Lake, FD&C Yellow No. 6 Lake, Titanium Dioxide Color, Vegetable Magnesium Stearate.

**Smart
Facts**

Doesn't your body deserve only the very best? Complete DAILY is the ideal multi-supplement, chock full of the vitamins and minerals you need to put your best foot forward each and every day. Complete DAILY provides Beta-Carotene, Vitamin D and Vitamin C to help support a strong, healthy immune system.*

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPLET DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

No Artificial Flavor or Sweetener, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

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