

**SUGGESTED ADULT USAGE:** Normal use: 1 or 2 capsules daily, with or between meals. Intensive use: 3 capsules daily.

Store at room temperature. Keep lid tightly closed to protect from humidity. [delete if there is not enough room]

Note: Most herbal products, and most agricultural products, contain some chemicals that the plants absorb from the soil.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Supplement Facts

Serving Size 1 capsule - Each Capsule Contains

Milk thistle seed extract (standardized to 33% silibin in a high-absorption phosphatidylcholine matrix)	80 mg*
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\*Daily Value not established

Other ingredients: Bioperine® black pepper extract, cellulose, USP Kosher gelatin capsule. **BIOPERINE** is a trademark of Sabinsa Corporation.

**Yerba Prima, Inc.**

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# Milk Thistle

## EXTRA STRENGTH



Just  
Once  
Daily

Supports Liver Health\*

**Yerba Prima**®  
Herbal Supplement

50 Capsules

**Yerba Prima** Milk Thistle Extra Strength contains a patented milk thistle seed extract 4 times more bioavailable than Silymarin.

**Yerba Prima** Milk Thistle supports normal liver function and protects the liver against alcohol, chemicals, pollution and other harmful substances.\* Contains Bioperine® for maximum absorption.

**SAFETY SEALED:** Do not use this product if printed band around cap or seal under cap is broken or missing.

**CAUTION:** Do not take capsules if you have difficulty in swallowing. If you are taking medication or are under a doctor's care, consult a health professional before use. California residents only: Proposition 65 **WARNING:** This product contains a chemical known to the State of California to cause birth defects or other reproductive harm. For more information about Prop 65, see [www.yerbaprima.com](http://www.yerbaprima.com).

