

ITEM #3800
B3801 10F



ACTUAL
SIZE



B-150TM

Mega-B[®] Complex

**Supports
Energy Metabolism &
Nervous System Health***

Dietary Supplement

30 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	150 mg 10,000%
Riboflavin (Vitamin B-2)	150 mg 8,824%
Niacin (as Niacinamide)	150 mg 750%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg 5,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	150 mcg 2,500%
Biotin (as d-Biotin)	150 mcg 50%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg 1,500%
Choline Bitartrate	150 mg **
PABA (Para-Aminobenzoic Acid)	150 mg **
Inositol	150 mg **
Proprietary Blend	7.5 mg **
(Alfalfa (Medicago sativa) (aerial), Watercress (Nasturtium officinale) (aerial), Parsley (Petroselinum crispum) (leaf), Soy Lecithin, Rice Bran)	

**Daily Value not established.

Other Ingredients: Vegetable Cellulose.
Contains <2% of: Natural Palm Leaf Glaze,
Silica, Vegetable Magnesium Stearate.

**No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Egg, No Grapefruit, No Fish, No Sugar,
No Starch, No Preservatives, No Artificial Color,
No Artificial Flavor, No Sodium.**

Directions: For adults, take one (1) tablet daily, preferably with a meal.

This Mega-B[®] Complex is made up of several high-potency B vitamins that work well to support nervous system health and energy metabolism.* Each ingredient in this superior nutritional blend performs a unique role for proper metabolic function, the body's biochemical process that helps maintain its normal functioning.*

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured by

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