

ITEM #6090
B6090 07E



Oat Bran

850 mg

Natural Source of Beta-Glucan

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 3 Tablets

Servings Per Container 33

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%*
Oat Bran	2,550 mg (2.55 g)	**
(Avena sativa) (husk)		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Calcium Sulfate, Vegetable Cellulose, Gelatin, Silica.

Contains wheat ingredients.

No Yeast, No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg, No Corn,
No Grapefruit, No Fish, No Sweetener,
No Sugar, No Starch, No Preservatives,
No Artificial Color, No Artificial Flavor,
No Sodium.

Directions: For adults, take three (3) tablets daily, preferably with meals.

The bran from oat grain is an established source of the soluble fiber beta-glucan. Oat bran has been shown to be a vital component of a healthy diet, and our oat bran tablets are a convenient, inexpensive source of this valuable food product.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Manufactured for Good 'N Natural®, Bohemia, NY 11716 USA
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